

URUNGA PUBLIC SCHOOL

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On the traditional lands of the Gumbaynggirr people

NEWSLETTER NO. 3 TERM 1 WEEK 7 WEDNESDAY 12th MARCH, 2025

IMPORTANT DATES

Thurs 27 Mar	Soccer Gala Day @ Coffs Harbour	Mon 7 Apr	School ANZAC Day Assembly @ 10.30am
Tues 1 Apr	Boys & Girls PSSA Soccer	Mon 7 Apr	District Netball Trials
Tues 1 Apr	Garden Club @ 11.10am	Mon 7 Apr	Daari Gumburr (Stage 3 Indigenous students go to Bellingen PS)
Wed 2 Apr	School Cross Country	Wed 9 Apr	NEW DATE—Dylan Edwards Rugby League Gala Day
Fri 4 Apr	PBL Reward Day - movie afternoon	Wed 9 Apr	P&C AGM at 5pm in Library All welcome

HARMONY WEEK CELEBRATIONS

Harmony Week is the celebration that recognises our diversity and brings together Australians from all different backgrounds. Almost half of Australians were either born overseas or have a parent who was.

At Urunga Public School we had a wonderful week celebrating inclusion, respect, and belonging! Our students performed fantastically on the river stage, we enjoyed a special walk through town, and the whole school created a wonderful Harmony Tree artwork.

Congratulations to our Harmony Award recipients at the Monday morning assembly! A big thank you to our amazing community for joining us on Friday afternoon and making it so special. There are many photos to look at on our Facebook page, but we have also included some below.





NEWS FROM OUR PRINCIPAL MRS JANE MARTYN



Giinagay Urunga Community,
I acknowledge the traditional custodians of this Gumbayngirr land on which we live and work and we pay our respects to the Elders both past and present. I would like to thank them for allowing us to live and learn on their lands.

HARMONY WEEK

I want to take a moment to express my gratitude for the incredible turnout for our Harmony Week Dance Showcase. It was truly heartwarming to have our community come together to celebrate inclusivity, diversity, and unity through dance. Our students performed brilliantly, and the enthusiasm and support from families made the event even more special. Thank you for helping to create such a memorable experience for everyone involved.



EXPLICIT TEACHING SHOWCASE

Earlier this week, Mrs. Kim Prior and I had the wonderful opportunity to attend an **Explicit Teaching Showcase** on the Central Coast with our Director, Educational Leadership, Mr. Dafydd Thomas. This has been an invaluable experience, allowing us to engage with the latest explicit teaching practices that will help enhance learning outcomes for our students. We are excited to bring back these insights to share with our teachers and to apply them in our classrooms.

SPORT

This term has been packed with exciting events and outstanding achievements. Our PSSA Cricket Team represented our school last week with exceptional sportsmanship and effort. This Thursday, our students had planned to participate in the Soccer Gala Day, providing another great opportunity to showcase teamwork and school spirit. However, due to the current wet weather this has now been postponed. A new date will be notified. Additionally, our students have been actively engaged in netball and basketball trials and competitions, displaying incredible dedication and perseverance.

Looking ahead, our Cross Country event will take place next Wednesday 2nd April, with wet weather backup dates in place should we need them. In Week 11, we are excited to take part in the Dylan Edwards NRL Gala Day, where students will develop their rugby league skills in a fun and supportive environment. We will also wrap up the term with our much-anticipated Easter Hat Parade at the end of Week 11. I can't wait to see the creative and colourful hats our students will design!

A special congratulations goes to Nicholas De Ruiter, who has achieved an incredible milestone by being selected for the North Coast Basketball Team. This is a fantastic achievement, and we are all so proud of his hard work and dedication.

THANK YOU

Finally, I want to take this opportunity to thank our students, staff, and families for their continued support and involvement. The start of this year has been truly wonderful, and your enthusiasm and commitment to our school community does not go unnoticed.

I look forward to a fantastic rest of the term!

PARENTING IDEAS/ HAPPY FAMILIES

This week's Happy Families article is titled 'Habits of Happy Families' which focuses on developing respectful and happy relationships.

Thank you for your ongoing support, take care,
Jane Martyn



NEWS FROM OUR COMMUNITY LIAISON OFFICER LAURA McGRATH

Girrawa-Girrawawa

Urunga Public School formed **Girrawa-Girrawawa** in 2023 with our Aboriginal First Nations community to create a space for cultural connection and learning. This gathering time allows us to strengthen relationships with local partnerships, including preschools, Yurruungga Aboriginal Corporation, and our local First Nations families. It is a time for us to share and celebrate culture while collaboratively planning culturally inclusive events that support Aboriginal education.

We have worked in collaboration with pre schools, Bellingen High School, Yurruungga Aboriginal Corporation, and AECG representatives to foster these connections and create meaningful learning experiences.

Girrawa-Girrawawa is not a closed committee—everyone is welcome. Although the gathering follows an agenda, at times, we put this aside for storytelling and knowledge sharing from our special guests, allowing for deep cultural learning and connection.

We would like to acknowledge the Traditional Custodians of the land upon which we gather, the people of the Gumbaynggirr Nation, and pay our respects to Elders past, present, and future. Through this gathering, we honour their knowledge, stories, and ongoing contributions to our community.

NAIDOC WEEK - Week 10 Term 2

Save the date: 30th June — 4th July

We will have various activities happening throughout the week. Please join us at our Girrawa-Girrawawa yarns if you would like to be involved and help with planning.

GIRRAWA-GIRRAWAWA

KEEP ON GATHERING

FRIDAY 4TH APRIL @ 8.30AM

IN THE SCHOOL LIBRARY. ALL WELCOME!



NEWS FROM OUR COMMUNITY LIAISON OFFICER LAURA McGRATH

Daari Gumburr Program - Years 5 & 6

Daari Gumburr (Strong Spirit) is a cultural program focused on Share, Care, Repair, helping students connect to Country, each other, and cultural practices while building self-esteem and leadership.

Workshops include:

- ✕ Rock & canvas painting with traditional symbols
- ✕ Weaving (bags, earrings, school art piece)
- ✕ Learning Gumbaynggirr language & songs
- ✕ T-shirt design with bleach art
- ✕ Safe relationships & online behavior
- ✕ Health & well-being (breathing, self-care, hygiene)

A huge thank you to Aunty Lisa, Aunty Nicky, Uncle Ricky and 3rd Space Mob for this incredible opportunity, and to Bellingen PS for hosting us on Monday! We will have the opportunity to host some of these workshops at Urunga throughout the year as well.

We look forward to our fortnightly workshops for the rest of the year!



URUNGA PUBLIC SCHOOL
SUCCESS WITH HONOUR

GARDEN CLUB

TERM 1 DATES

WEEK 10 - TUES 1ST APR
WEEK 11 - TUES 8TH APR

MORE VOLUNTEERS NEEDED!
PLEASE CONTACT THE OFFICE IF
YOU WOULD LIKE TO JOIN US

NICHOLAS SHINES AT NORTH COAST BASKETBALL TRIALS!

A huge congratulations to Nicholas de Ruiter, who has showcased his exceptional basketball skills at the North Coast Basketball Trials, earning a coveted spot on the team set to compete at the State Championships!

Nicholas demonstrated outstanding skill, teamwork, and sportsmanship throughout the trials, impressing selectors with his agility, court vision, and sharp shooting. His dedication to the game has truly paid off, and we are excited to see him represent the North Coast PSSA on the big stage.

The NSW PSSA **State Championships**, which will be held at Minto in the Sydney South West region, will bring together the best young basketball talent in NSW, and we have no doubt Nicholas will rise to the challenge. Best of luck, Nicholas—your school and community are cheering you on all the way!

Stay tuned for updates on his journey.



DYLAN EDWARDS DAY - RESCHEDULED

The Dylan Edwards Legend's Gala Day that was postponed due to bad weather has now been rescheduled. It will be held on Wednesday 9th April - the last Wednesday of this term.

MID NORTH COAST RUGBY LEAGUE TRIALS

We were proud to send five of our Rugby League boys to the Mid North Coast Opens Rugby League in Coffs Harbour on Monday.

Lachie, Zak, Heath, Hayden and Sonny (absent from photo) all had a great day, played some hard football and gave it their best shot.

Unfortunately this time, none of them were selected in the team to continue on to the North Coast trials. Congratulations on giving it a go boys!



EASTER HAT PARADE 2025

As the Easter Hat Parade approaches, children in Kindergarten to Year 2 are encouraged to make their Easter hats at home and bring them to school on Friday, 11 April 2025, the day of the parade. If there are any problems with this, please let your child's teacher know.

Students will assemble in the bottom COLA at 2.20pm to parade their creations, then walk downtown to parade and show off their Easter Hats. Parents and carers of K-2 students are invited to come along at 2.15pm to watch the colourful parade.

The Easter raffle winners will be drawn and announced at a short morning assembly on the day. Please remember to send in your sold tickets and money along with any Easter-themed donations for the raffle.

- URUNGA PUBLIC SCHOOL -
Easter Hat Parade
PLEASE JOIN OUR CELEBRATIONS!
KINDERGARTEN TO YEAR 2 WILL BE PARADING THEIR FABULOUS EASTER HAT CREATIONS AT SCHOOL AND AROUND TOWN!
WHEN: FRIDAY 11TH APRIL
TIME: 2:20PM
WHERE: BOTTOM COLA (BASKETBALL COURT)

MID NORTH COAST PSSA CRICKET KNOCKOUT COMPETITION

Last Friday, the Urunga School Cricket Team faced off against Frank Partridge VC Public School in an exciting match that showcased our team's spirit and determination. Although we didn't secure the win, there were many positive highlights to celebrate.

Captained by Harper, our team demonstrated great leadership and resilience throughout the game. After losing the toss, we were sent in to bat first. Our opening batsmen, Heath and Kaius, did a fantastic job of navigating the early overs, ensuring that our middle order had the opportunity to settle in and contribute to the score. The highlight of our innings came from Nate, who hit some impressive sixes, helping us finish with a total of 78 runs. In response, our opening bowling pair, Artemi and Nate, put up a strong fight against the Frank Partridge batsmen. They managed to take a few early wickets, with some brilliant dismissals both bowled and caught on the leg side, showcasing their skills and teamwork.

Throughout the match, the Urunga team demonstrated excellent communication and support. Our players called loudly between the wickets and provided great chat in the field, effectively putting pressure on our opponents. Ultimately, Frank Partridge proved to be the stronger team on the day, chasing down our total with four overs to spare.

UPS Cricket Coach
Mr Sercombe



EASTER RAFFLE

Last week each child was given a book of 10 raffle tickets to sell or buy in our annual Easter Raffle.

Tickets are 50c each and there will be plenty of extra booklets available in the office if you would like some more.

We are also asking for **donations of Easter themed goodies** to include in our prizes. Donations will be gratefully accepted.

Please drop any donations as well as your sold tickets into the school office before Wednesday 9th April.

We are all looking forward to the arrival of the Easter Bunny.



WHOLE SCHOOL ASSEMBLY

After having to cancel our last scheduled Tuesday afternoon assembly due to Cyclone Alfred, we all gathered for a short but sweet assembly yesterday.

Mr Freebairn spoke about the many activities and sporting opportunities that are currently happening in and around Urunga Public School.

Our class assembly awards were handed out to very deserving winners. Thank you to all the families and community that attended on Tuesday.



P&C NEWS

We invite all parents, grandparents, and carers to attend the **Parents & Citizens Association (P&C) Annual General Meeting (AGM)**, scheduled for **Wednesday, April 9th, 2025 at 5:00pm in the school library**. This is a fantastic opportunity to get involved, make your voice heard, and play an essential role in shaping the future of our school community.

This is your chance to be part of something truly special—helping to improve the educational experience and wellbeing of our children while connecting with other like-minded families. Your involvement matters, and together, we can achieve great things for our school.

SCHOOL ASSEMBLY AWARDS TERM 1 WEEK 9

K LIME	K/1 NAVY
Violet Grimston	Cherry McClelland
Harvey Lenihan	Frankie Johnston
Jasper Etherden	Cruz Shearim
	Iva McGrath
1/2 GREEN	1/2 RED
Jeanie Cameron	Hazel Edwards
Samuel Read	Ainhua Pomroy
Cara Haynes	Aria Wrobel
River Rossman	Jarli Cahill
3/4 BLUE	3/4 MAGENTA
Raphi Gately	Bonnie Tutt
Laila Sipple	Oliver Newsham
Elka Flaherty	Charlie Hoffman
Jed Simpson	Kai McClelland
5/6 AQUA	5/6 INDIGO
Nicholas de Ruiter	Tommy Furze
Birdie Tutt	Laylah Moore
Hannah Pollard	Mia Thomas
Heath Green	Kaius Heward
BAND AWARD	BAND AWARD

PBL WINNERS FOR THIS WEEK

Congratulations to the PBL winners from Weeks 7 and 8, they have all displayed our positive behaviour expectations of being Responsible, Respectful and Safe learners in the past two weeks. They all receive their choice of either a voucher to spend at the canteen, or a small prize.

- Max
- Airlie
- Kobi
- Storm
- Zak
- Jack
- Bonnie
- Cruz
- Charlie
- Anaya
- Bella
- Cruz
- Reed
- Van
- Aaliyah



Positive Behaviour for Learning at Urunga Public School is for

EVERYONE, EVERYWHERE, EVERY TIME



We are
responsible

We are
respectful

We are
safe

PBL CLASS OF THE WEEK

At Urunga Public School, we take pride in promoting our **Positive Behaviour for Learning (PBL)** values of being **Safe, Respectful, and Responsible**. Each week, we recognise a **PBL Class of the Week**—a class that has demonstrated these values **as a team** throughout the week.

The selected class enjoys a special visit from **Percy, our PBL mascot**, who spends the week learning alongside them. Teachers also reward their class in their own unique way to celebrate their efforts.

Choosing a class each week is never easy, as all of our students consistently show **positive behaviour and teamwork**. Congratulations to all our students for their ongoing commitment to making Urunga Public School a safe, respectful, and responsible learning environment!

Week 8
1/2 Red



Week 9
5/6 Aqua



Positive Behaviour for Learning at Urunga Public School is for



EVERYONE, EVERYWHERE, EVERY TIME



We are
responsible

We are
respectful

We are
safe



Join Our School's P&C

What Does the P&C Do?

The Parents & Citizens Association is the voice of the parents.

It is at P&C meetings that decisions affecting your child at school are made (in consultation with the Principal and staff).

Our team is small and we need new members to bring their fresh ideas and skills to benefit students!

P&C Associations are a great way to:

- Help the school acquire resources for students, through fundraising projects or grants
- Get to know the Principal and other teachers that attend the P&C meetings, and get firsthand information on what is happening in the school
- Voice your opinion on school developments and activities
- Influence School Policy - want to change something in the school? Lobby through the P&C!
- Get to know other parents and the greater school community

What Does the Urunga Public School P&C Do?

- Our P&C manages the canteen and school uniform sales, & employs a Canteen Supervisor
- Our fundraising events can include:
 - Mothers' & Fathers' Day stalls
 - Sausage Sizzles & Cake Stalls
 - School Discos
 - Colour fun runs
 - Market stalls or fundraising
 - And much more!

What has the P&C funded for the school recently?

- Some things the P&C has funded over the past couple of years:
 - \$2000 towards Stage 3 excursions
 - Fully funded Healthy Harold
 - Hats for the kinder kids
 - Basketball hoops for the juniors
 - Contributions towards school swimming for Stage 2
 - School flag for sports carnivals
 - Thank you staff lunch at the end of the year

Want to attend a meeting or join the P&C?

Everyone is welcome to come along to a meeting, or join the P&C! The more the merrier.

Meetings are announced in the school's Newsletter and on the school Facebook page, or simply email the P&C on urungapandc@gmail.com to get added to the mailing list, or to request more information.

School Exclusion Periods

If your child has an infectious condition, you may need to keep them home from day care or school to stop it from spreading. Here's a list of common childhood illnesses and their recommended exclusion periods.



Chickenpox

Until all blisters have dried (usually 5 days).



Colds

No exclusion period.



Conjunctivitis

Until discharge (pus) from the eyes has stopped.



COVID-19

If positive COVID-19 test, stay home until acute symptoms go.



Diarrhoea

1 day after the last loose bowel motion (if no cause is identified).



Gastroenteritis

1 day after the last loose bowel motion (if no cause is identified).



Hand, foot and mouth disease

Until all blisters have dried.



Head lice

No exclusion period (as long as effective treatment has started).



Impetigo

Until 48 hours after treatment or once sores have dried and healed.



Influenza (flu)

Until well.



Measles

At least 4 days after the first rash.



Mumps

9 days or until the swelling goes down.



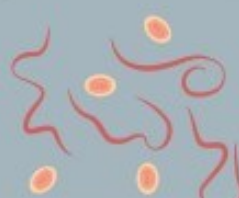
Rubella

At least 4 days after the first rash or until they have recovered fully.



Scabies

1 day after appropriate treatment has started.



Threadworms

No exclusion period.



Whooping cough

5 days after antibiotics started, or 21 days from the first cough.

The Habits of Happy Families

As I have surveyed and worked with thousands of families over the years, there are a small handful of habits that I see parents practice that make their families happy. And they are astonishingly powerful. In this article I will share those habits by describing the principle, discussing how it works in practice, and offering a provocation to get you thinking.

1. Assume Positive Intent

Principle: Your children are not actually trying to ruin your life. They're trying their best with limited skills and resources. Sometimes they can be clumsy. They only have their 'L' plates on.

In Practice: When your child does something upsetting, pause before reacting. Ask yourself, "What need is my child trying to meet?" Then, address the need rather than just the behaviour. "I can see you're frustrated. Let's figure this out together."

Provocation: We wouldn't assume your colleague intentionally sabotaged a project, yet we're quick to believe our children are orchestrating psychological warfare against us. Your child isn't a criminal mastermind plotting your demise. They're just hungry, tired, or struggling to communicate. The fastest way to turn a good kid bad is to treat them like they already are.

2. Laugh Together

Principle: Shared joy creates bonds that withstand life's challenges.

In Practice: Have family movie nights with comedies. Share funny stories. Play ridiculous games. Create inside jokes. Laugh at yourself when you make mistakes. Make silly faces, tell dad jokes, and celebrate the ridiculous moments of family life.

Provocation: Most families spend more time coordinating schedules than creating memories. The average household shares fewer than 20 minutes of laughter per week, yet we wonder why everyone feels disconnected. If your family hasn't had a proper belly laugh together in the last few days, your family culture is in critical condition.

3. Fix Things Fast

Principle: Conflict is inevitable; prolonged disconnection is optional.

In Practice: Be the first to apologise, especially if you're the parent. Name what went wrong. Take responsibility for your part. Ask what would help. End with physical connection. A hug, high five, or fist bump resets everyone's nervous system.

Provocation: Your silent treatment isn't "teaching them a lesson". Nor is yelling or threatening. It's teaching them that love is conditional. Every hour of unresolved tension between you and your child is rewiring their brain to expect conditional acceptance in future relationships. Your pride isn't worth the therapy bills they'll have later.

4. Stay Close

Principle: Children of all ages are biologically wired for connection with their parents.

In Practice: Create daily rituals of connection: bedtime stories, morning cuddles, after-school check-ins. Sit on their bed for five minutes at night. Drive them to school when possible. Find small ways to connect throughout the day that show you're thinking of them.

Provocation: Your child's push for independence is a façade. Behind it is a child desperately hoping you won't believe the act. While you're respecting their "independence" by backing off, they're interpreting your distance as abandonment. Your children need you more, not less—they just need you differently as they grow. They want your involvement in a supportive, not a controlling, way.

5. Listen Fully

Principle: Being heard creates security and builds trust.

In Practice: Put down your phone when your child speaks. Make eye contact. Ask follow-up questions. Reflect back what you hear. Don't immediately jump to solutions or lectures. Sometimes say, "Tell me more about that."

Provocation: If your screen time report shows more hours on social media than minutes of eye contact with your children, you're outsourcing the most important relationship they have right now to someone or something else. Your child will remember exactly zero of your "important" emails or Instagram reels, but they'll never forget the times you chose your phone over their story.

6. Create Meaningful Traditions

Principle: Family rituals create stability and identity in an unpredictable world.

In Practice: Establish weekly family nights, seasonal celebrations, birthday traditions, or Sunday dinners. They don't need to be elaborate—consistency matters more than complexity. Even simple traditions like Sunday morning pancakes create anchors of belonging.

Provocation: In a culture where kids construct identity through screens and peers, your family traditions are fighting for your children's sense of self. Without these shared experiences, your family becomes little more than roommates who occasionally share Wi-Fi. The traditions you neglect creating today are the memories your children won't have tomorrow.

7. Have the Hard Conversations

Principle: Children need parents who are brave enough to discuss difficult topics.

In Practice: Create an environment where no question is off-limits. Talk about bodies, relationships, disappointments, and fears in age-appropriate ways. Don't wait for the "perfect moment". Use everyday opportunities to address important topics briefly and naturally.

Provocation: Your discomfort with difficult conversations doesn't make them unnecessary. It makes them urgent. The conversations you avoid having with your children will be filled by Google, YouTube, or the kid on the bus with wildly inaccurate information. If you won't have these conversations, someone else—or something else—will, and you probably won't like their curriculum.



Dr Justin Coulson is a dad to 6 daughters and grandfather to 1 granddaughter. He is the parenting expert and co-host of Channel Nine's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: The Happy Families Podcast. He has written 9 books about families and parenting. For further details visit happyfamilies.com.au.



WE'RE LOOKING FOR ON-CALL FIREFIGHTERS IN URUNGA

Join the team who are prepared for anything

Comprehensive training is provided for all on-call firefighters, covering all aspects of the work involved to keep your community safe. You'll need to:

- Hold a current NSW driver's licence.
- Be an Australian or New Zealand citizen, or a permanent resident of Australia.
- Live or work within a reasonable distance from your local fire station.
- Have daytime availability to respond to emergencies.



For more information or to apply, visit fire.nsw.gov.au/on-call or call 1800 347 437



**OPEN ARMS CARE
URUNGA OSHC**

@URUNGA PUBLIC SCHOOL

URUNGA

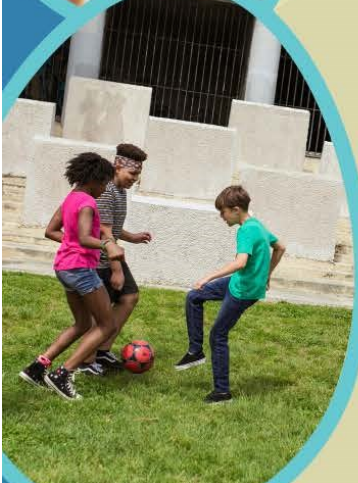
Easter Vacation Care Program

14th -25th April 2025

Mon-Fri 7.00am-6.00pm

Hey there, K-6 students

Come and enjoy our vacation program where friendships are formed through fun games and exciting activities.



Contact Us:

Call the office number
0266552650

Call OAC Urunga OOSH
0408 025 093

Email

childrensservices@openarms.org.au

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
14 th April 2025	15 th April 2025	16 th April 2025	17 th April 2025	18 th April 2025
 crafts	 INCURSION With local artist Tulli Stevens	 Excursion	 THE BENEFITS OF <i>creativity</i>	Good Friday Closed
21 st April 2025	22 nd April 2025	23 rd April 2025	24 th April 2025	25 th April 2025
Easter Monday Closed	 FIRST AID Incursion	 WORLD BOOK DAY Dress up as your favourite book character and join us for a day of literary fun!	 VIDEOGAME DAY Note: devices are welcome	Anzac Day Closed

Please remember that everyday children must have enclosed shoes, a hat and water bottle.

URUNGA VACATION CARE Program Information

14th April 2025-25th April 2025

Monday 14th April: Easter Craft: Join us for a fun-filled day of Easter crafts where children can create bunny ears, make personalized baskets, and more to celebrate the holiday!

Tuesday 15th April: World Culture Day: Today, we'll immerse ourselves in different cultures through learning and art, with a special guest guiding us in creating an Aboriginal painting to be displayed on our walls.

Wednesday 16th April: SES and RFS: Join us today as we explore the important roles of SES and RFS volunteers, discovering how they support and protect our community.

Thursday 17th April: World Creativity: Today we will be getting our creativity on with some fun creative arts, crafts and activities. Children will have the opportunity to showcase their unique skills and imagination.

Friday 18th April: Closed

Monday 21st April: Closed

Tuesday 22nd April First Aid: Today we will have a first aid officer come in to teach the children on how to do first aid and what to do in emergency situations.

Wednesday 23rd April: World Book Day: Come dressed as your favourite book character for a chance to win our best-dressed competition, plus create fun, book-inspired artworks

Thursday 24th April: Video Game Day: Today is bring your own devices day. Children will have the opportunity to play Mario kart and race against their friends and educators. We will also be creative with outdoor play and engage in physical outdoor video game inspired games.

Friday 25th April: ANZAC DAY CENTRE CLOSED PUBLIC HOLIDAY

BOOKINGS

For existing enrolments please book by the Xplor app. For new enrolments please contact us on 0266552650 For existing enrolments please book by the Xplor app. For new enrolments please contact us on 0266552650

EXCURSION REMINDER

PLEASE REMEMBER ON EXCURSION DAYS TO BE AT OSHC 30 MINUTES BEFORE THE DEPARTURE TIME TO FILL OUT PERMISSION NOTES, MEDICAL FORMS ETC

STANDARD FEES

Max of \$65.00 session. It is the parent/guardian's responsibility to complete and lodge their Child Care Subsidy (CCS) application with Centrelink Human Services to gain access to fee reductions provided by the government **Invoices will be sent out weekly. Outstanding invoices will need to be paid before you book your child into vacation care.**
No charge if 24 hour advance notice of absence is given.

CHILD CARE SUBSIDY: WHAT YOU NEED TO KNOW

Child Care Subsidy (CCS) is a government subsidy offered to eligible families as a reduction on fees. Applications for the CCS are made through your Centrelink online account through **MyGov**. Please apply / update details for CCS if you haven't already done so. For more information on this process, visit education.gov.au/childcare

PLEASE NOTE: If children have a break between care of more than 14 weeks (e.g. during the school term) their enrolment will be ceased. If your child has a break from care for more than 26 weeks then you will need to reapply for CCS. The Service will update enrolment details with Centrelink. It is the parent/guardian's responsibility to check their child's enrolment status (notifications) in their MyGov account and confirm enrolment details where necessary to access CCS.

Direct Deposit Instructions

Bank: Regional Australia Bank, Open Arms Care Incorporated

BSB: 932000

ACC: 100511161

You can also find bank account details on page 1 of your invoices.

Please reference with your child's name and Centre (Bellingen or Urunga)

. E.g. J Smith Urunga.

(if this information is not included we have no way of identifying who made the payment)

OUR PROGRAM

Our program provides children with developmental opportunities that are focussed around the children's interests, abilities and needs. Our daily program also offers creative arts, life skills & physical activities, imaginative play, construction, individual, group activities and lots of fun.

OUR EDUCATORS

The Educators at Open Arms Care Inc. OSHC Services provide a diverse and inclusive environment that fosters all children's developmental abilities and self-esteem. Educators are professional and strive for excellence within the service environment, whilst working together as a team. Our accredited services are supported by University and TAFE educated staff.

THINGS TO REMEMBER

SUN SAFETY: No Hat, No Play (or play in the shade). Educators will endeavour to ensure that all children apply sunscreen although...please remember to apply sunscreen to your child before they arrive, pack a long sleeved rash shirt or a long sleeved shirt for water activities and we recommend a wide brimmed hat for extra sun protection.

FOOD: Nutritious foods are essential for growing, playing and learning. Although we realise it's school holidays and that means the occasional special treats, we do ask that parents/carers please provide a healthy and nutritious morning tea, lunch and afternoon tea for their children. Children do burn through a lot of energy in our active program so please ensure that your child has enough healthy food to last the whole day. We also ask that treats such as chocolates, fizzy drink or lollies be left at home until the evening or weekend.

Please ensure you child/ren come packed with a water bottle.

CLOTHING GUIDELINES: Children are encouraged to wear comfortable casual clothing when attending Vacation Care. We ask that children wear covered shoes. **Thongs**, strapless shoes, high heels, slip-ons, etc. are considered **unsafe**.

SWIMMING: Please notify the staff about your child's swimming ability if your child is attending on a swimming excursion
MOVIES/DVDS & VIDEO GAMES: Please notify the staff if you do not want your child to view G&PG movies or play video games.

MEDICATION: If your child requires medication during sessions of care then the medication must be on premises with the child and if it is not then the child will not be able to attend care. If your child's medication requirements changes then written notification from the medical practitioner must be given to Open Arms Care Inc immediately.

OAC Urunga OSHC
Program
A space to



Stay and Play

Where friendships can be made through fun, leisure based activities built on your child's interest.



available at
Urunga Public School
Monday - Friday
BSC 7.00am-9.00am
ASC 3.00pm-6.00pm
VAC 7.00am-6.00pm



2025 REGO'S ARE OPEN

Season
starts
5 April

REGISTER AT: <https://www.playrugbyleague.com/>

**TRAINING STARTS TUESDAY 18 MARCH
AT BELLINGEN PARK - THE GRAVEYARD**

PLAYERS MUST BE REGISTERED TO TRAIN

KEEPING OUR JUNIOR MAGPIES SAFE IS OUR HIGHEST PRIORITY

PLACES STILL AVAILABLE IN OUR

MIXED UNDER 6'S, 7'S, 8'S | BOYS UNDER 13'S

GIRLS TACKLE UNDER 14'S

\$150



REGO INCLUDES
- playing socks
- playing shorts
- club shirt

up to 2 x vouchers can be used
on each registration



Friday Nights Just Got Exciting Play Rugby with the Snappers!



**Calling
All Kids
Ages 6+**

**EMAIL US
COFFSRUGBY
@GMAIL.COM**



Play AFL in 2025 for the Bulldogs

No registration fees for all players who join any of the Bellingen Bulldogs teams for the 2025 season (fees apply for Auskick programs).



Registration now open via PlayHq or scan the QR code.

Home ground : Burdett Park, Fernmount
Email : bellingenbulldogs@gmail.com

Ages : 8 - 17

FB : Bellingen Bulldogs
Contact : via Facebook





URUNGA FOOTBALL CLUB

REGISTRATIONS NOW OPEN

PLAYFOOTBALL.COM.AU

MASTERS SENIORS
JUNIORS MINIROOS

MORE INFO:

URUNGA FOOTBALL CLUB

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REGISTRAR@URUNGAFOOTBALL.COM



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REGISTRATIONS OPEN

Netball



HOW TO REGISTER:

Registration
5-10yrs- \$100
10-17yrs- \$125

1. GO TO PLAYHQ.COM
2. IF YOU HAVE PLAYED BEFORE GO TO LOGIN OR SEARCH FOR BELLINGHEN NETBALL
3. SELECT TAB - REGISTER
4. FILL IN YOUR DETAILS
5. WELCOME TO THE CLUB!!



KEY DATES:

8TH MARCH	FUN DAY
TUESDAY 4-5PM 11TH MARCH	TRAINING BEGINS
22ND MARCH-	FIRST GAME 1:30PM- 5-12YRS 2:30PM 13-18 YRS/ WALKING 3:30PM MIXED ADULTS
9TH AUGUST	LAST GAME AND PRESENTATION DAY
SCHOOL HOLIDAYS	NO GAMES

CONTACT: BELLINGHENNETBALL@GMAIL.COM

FACEBOOK: BELLINGHEN NETBALL CLUB

Get up to \$500 for education costs

Achieve a savings goal for 10 months,
and **ANZ will match it up to \$500.**

To be eligible, you need to meet these requirements:



18 years
or older



A regular
income
(you or your
partner)



Attend
free online
financial
education
workshops



Are studying
yourself or
have a child
at school, or
starting next
year



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Saverplus.org.au
1300 610 355

