

# URUNGA PUBLIC SCHOOL

BONVILLE STREET  
PO BOX 21  
URUNGA NSW 2455

EMAIL: [urunga-p.school@det.nsw.edu.au](mailto:urunga-p.school@det.nsw.edu.au)  
WEBSITE: [www.urunga-p.schools.nsw.edu.au](http://www.urunga-p.schools.nsw.edu.au)  
TEL: 02 6655 6393



On the traditional lands of the Gumbaynggirr people

**NEWSLETTER NO. 18 TERM 4 WEEK 10 WEDNESDAY 18TH DECEMBER, 2024**

## IMPORTANT DATES

Wed 18 Dec	End of Year Fun Day	Thurs 6 Feb	ALL STUDENTS RETURN FOR 2025
Wed 18 Dec	<b>LAST DAY OF 2024 for students</b>	Tues 18 Feb	School Swimming Carnival @ Bellingen
19 & 20 Dec 2024	Staff Development Days (NO students)	Thurs 20 Feb	District Rugby League Trials @ Urunga
31 Jan - 5 Feb 2025	Staff Development Days (NO students)	Mon 24 Feb	District Swimming Carnival

## URUNGA PUBLIC SCHOOL BRINGS "WHERE THE WILD THINGS ARE" TO LIFE!

The students of Urunga Public School wowed audiences with their spectacular performance of *Where the Wild Things Are*, based on Maurice Sendak's beloved, award-winning children's book.

This end of year extravaganza saw participation from all eight classes, showcasing the incredible creativity and teamwork of our school community.

The performance featured the story's iconic characters—Max, his parents, and the Wild Things—brought to life through narration by students from across the school. Each class collaborated with their teacher to choreograph and perform a dance inspired by key moments of the storyline. The show culminated in an unforgettable whole school dance to "Wild Thing" by The Troggs, filling the COLA with energy and excitement.

Staff and students dedicated many hours this term to rehearsals, ensuring a polished and engaging final performance. The hard work, enthusiasm, and collaboration from everyone involved shone through on stage.

A massive thank you goes out to the staff, students, and wider school community for their support and contributions, making this event such a remarkable success.

We are immensely proud of our students' efforts and creativity. What a fantastic way to celebrate the end of another wonderful year at Urunga Public School!





# NEWS FROM OUR PRINCIPAL MRS JANE MARTYN



Giinagay Urunga Community,  
I acknowledge the traditional custodians of this Gumbayngirr land on which we live and work and I pay our respects to the Elders, both past and present. I would like to thank them for allowing us to live and learn on their lands.

## STUDENT PROGRESS REPORTS

Our Semester 2 student progress reports were made available on Tuesday via the SENTRAL Parent Portal and email.

Effective communication between the school and parents/caregivers is crucial for the success of our students. Therefore, we encourage you to review your child's report and if you have any questions or concerns or would like to discuss the report further, please do not hesitate to reach out to us.

## COMMUNITY FEEDBACK SURVEY

Thank you to the many parents and carers who responded to our recent survey asking for feedback on our:

- Channels/ methods of communication
- Parent / Teacher Conferences
- Student attendance at school
- Community events and involvement
- Parent Workshops
- Canteen

Your feedback is valued, and we will consider your feedback in our planning for 2025. A summary of the trends reflected in your answers show that:

### Communication channels:

- 92% find emails extremely or very useful, 6% find them somewhat useful
- 73% find fortnightly newsletters extremely or very useful, while 19% find them somewhat useful and 4% find them not so useful
- 64% find Facebook extremely or very useful, while 22% find it somewhat useful, 14% find it not so useful or not at all useful.
- 56% find the Sentral Parent App extremely or very useful, 34% find it somewhat useful, 10% find it not so useful or not at all useful
- 85% find phone calls extremely or very useful, 8% find it somewhat useful, 7% find them not so useful or not at all useful
- 88% find SMS (text) extremely or very useful, 6% find it somewhat useful, 6% find it not so useful or not at all useful

### Parent / Teacher Conferences:

- 91% are aware that you can request further conferences
- 30% have organised additional conferences throughout the year
- 57% prefer parent / teacher conferences at the end of term 2 or beginning of term 3, 43% would prefer parent / teacher conferences at the end of term 1 or beginning of term 2
- 78% found the Meet the Teacher BBQ Breakfast in Term 1 very or somewhat helpful and 22% found it not so helpful
- 

### Student attendance at school:

- 96% value attendance as extremely or very important
- 57% reply to the Sentral SMS, 27% phone the school, 11% email the school and 4% report absence via Sentral Parent App
- 93% explain absence within 7 days



# NEWS FROM OUR PRINCIPAL MRS JANE MARTYN



## Parent Workshops:

- 55% would like a curriculum workshop, 59% would like a mental health and wellbeing workshop, 48% would like a cyber safety for families workshop, 17% would like a NDIS Connection workshop

## Canteen:

- 5% of our families use the canteen every day, 53% of our families use the canteen on a weekly basis, 27% use it monthly
- Of those that use it, 73% are happy with the range of food offered on our 2024 menu
- 68% are using the online ordering system and most are happy with it
- 83% are happy with the days that the canteen is open
- If the canteen cut back to two days of operating, 45% would prefer Thursday & Friday, 27% would prefer Monday & Friday and 27% would prefer Wednesday & Friday

## PREPARING AND PLANNING FOR 2025

We are busily preparing and planning for a smooth transition into 2025. We will be heading into our 8 new classes from our students' first day back on Thursday 6<sup>th</sup> February.

To assist us with our planning for next year we would appreciate it if you can let us know via email or phone if your child/children are not returning to Urunga Public School or may be absent from school at the beginning of Term One.

## PARENTING IDEAS/ HAPPY FAMILIES

This week's Happy Families article is titled *'Why Is My Child Like This?'*, which focuses on positive parenting.

## HAPPY HOLIDAYS

Thanks for your continued support.

I hope that you all have a wonderful and safe break and a great start to the new year. I look forward to our journey together in 2025.

Take care,  
Jane Martyn





# NEWS FROM OUR PRINCIPAL MRS JANE MARTYN



## COMMUNITY SUPPORT

As we approach the holiday season, we want to ensure that everyone feels supported and connected. If you find yourself or others needing additional assistance during this time, please refer to the next two pages for helpful resources and support options.

## Mental Health Services and Support

<p><b>Beyond Blue</b></p> <p>24/7 mental health support service</p> <p><b>1300 22 4636</b> beyondblue.org.au</p>	<p><b>headspace</b></p> <p>Online support and counselling to young people aged 12 to 25</p> <p><b>1800 650 890</b> (9am to 1am daily) headspace.org.au/eheadspace</p>	<p><b>Kids Helpline</b></p> <p>24/7 crisis support and suicide prevention services for children and young people aged 5 to 25</p> <p><b>1800 55 1800</b> kidshelpline.com.au</p>	<p><b>1800 RESPECT</b></p> <p>24/7 support for people impacted by sexual assault, domestic violence and abuse</p> <p><b>1800 737 732</b> 1800respect.org.au</p>	<p><b>QLife</b></p> <p>LGBTI peer support and referral</p> <p><b>1800 184 527</b> qlife.org.au</p>
<p><b>Lifeline</b></p> <p>24/7 crisis support and suicide prevention services</p> <p><b>13 11 14</b> lifeline.org.au</p>	<p><b>Suicide Call Back</b></p> <p>24/7 crisis support and counselling service for people affected by suicide</p> <p><b>1300 659 467</b> suicidecallbackservice.org.au</p>		<p><b>Mensline</b></p> <p>24/7 counselling service for men</p> <p><b>1300 78 99 78</b> mensline.org.au</p>	<p><b>13YARN</b></p> <p>24/7 crisis support for Aboriginal and Torres Strait Islander people</p> <p><b>13 92 76</b> 13yarn.org.au</p>

If you are concerned about someone at risk of immediate harm, call 000 or go to your nearest hospital emergency department.



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## Whole School Community

- Be You support services and infographic access [here](#)

### Head to Health

- [Head to Health](#) is a free online and phone service to help you find information, services, and resources to help yourself or your young person. They can connect you to local services for support.

### NSW Mental health line

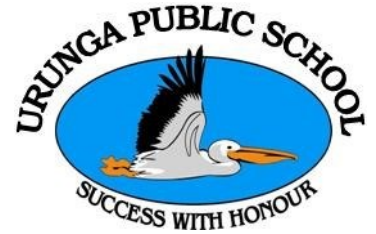
- [The NSW Mental health line](#) is a 24/7 phone service that links people to NSW mental health services. It is a free service.

### Healthy Hub Connect

- [Healthy Hub Connect](#) offers free and low-cost mental health services to children, young people and adults living in Northern NSW from Hastings to Tweed River regions.



# NEWS FROM OUR PRINCIPAL MRS JANE MARTYN



## Students

### headspace

- [Tips for a healthy headspace](#) (factsheet)
- [Helping a friend going through a tough time](#) (factsheet)
- [Skills for tough times](#) (factsheet)
- Headspace [Coffs Harbour](#) – offers young people 12-25 years old mental health support & general health advice. Our team include psychologists, social workers, youth workers & GPs.
- [headspace Online and Phone support](#) – free online or phone mental health support service for young people aged 12 to 25, and for family who are seeking support about how to help a young person (aged 12-25) in their life.
- [headspace Work and Study support](#) – free tailored online support and advice to reach your work and study goals. Whether you're figuring out what kind of job you want, looking for a new job, course, or need help with your current work or study situation, we can help get you to where you want to be.

### Reach Out

It can also be useful to have some information available about what to expect when receiving support online or phone, such as:

- Reach Out's video about ['What happens when I call a helpline?'](#)
- Reach Out's factsheet ['How to call a helpline'](#)

## Parents/Carers

### headspace

- [Starting a conversation with a young person about mental health](#) (factsheet)
- [Helping young people face uncertainty](#) (factsheet)
- [Spotting mental health difficulties in young people](#) (video)
- [What to do when you're worried about your young person](#) (video)
- [headspace Support for Families headspace Online and Phone support](#) – free online or phone mental health support service for young people aged 12 to 25, and for family who are seeking support about how to help a young person (aged 12-25) in their life.
- [Partners in Parenting free online program](#) - designed to help parents and carers build skills and confidence in supporting their high school-aged young people's mental health and wellbeing. Covers common parenting challenges, such as communication, managing strong emotions, boundaries, conflicts and staying involved in your high school-aged young person's life while they navigate their independence.

### Parent Line

- [Parent Line](#) is a free telephone counselling and support service for parents and carers with children aged 0 to 18 who live in NSW.

### ReachOut

- [ReachOut Parent Coaching](#) is a free online or phone service to increase confidence to support your teen through a tough time.



## NEWS FROM OUR COMMUNITY LIAISON OFFICER LAURA McGRATH



### CELEBRATING OUR WONDERFUL VOLUNTEERS

On Tuesday, we once again hosted a special morning tea to thank our incredible volunteers for their unwavering support throughout the year. Our amazing teaching and non-teaching staff went above and beyond, preparing a delightful spread of treats to show our gratitude for the dedication of our school community.

This year, volunteers have contributed in countless ways, from working with the P&C, Garden Club, and canteen to supporting Scripture lessons and our community tutoring program. This support goes beyond the school grounds, with the ongoing support of the Urunga Lions Club and Urunga Food Pantry. Your time and effort have made a meaningful difference, and we couldn't be more thankful.

We look forward to continuing these vital programs next year and always welcome new volunteers! If you'd like to get involved, please contact the school office—we'd love to have you on board.

Thank you once again to all our volunteers for making our school a better place. Your generosity and commitment inspire us all!

### LIFEHOUSE PANTRY SUMMER HOURS:

- ✪ Thurs 19th Dec  
10am–3pm
- ✪ Fri 20th Dec  
10am-12:30pm
- ✪ Thurs 26th Dec  
10am-12pm
- ✪ All of January: open  
only on Thursdays  
10am-12pm



## PRESENTATION DAY

Our annual Presentation Day took place last Wednesday, where we celebrated the incredible achievements of our students over the past year. We proudly presented a variety of awards, including those for band, sport, citizenship, class and stage accomplishments, and culminated with the prestigious Dux of the school award and the announcement of our new school leaders for 2025. Congratulations to our new leadership team: Captains Harper and Maddi, along with leaders Tom, Birdie, Hayden and Zak. We look forward to seeing them shine in their roles next year.

The morning was filled with some wonderful performances, starting with our very talented school band, who played two amazing songs throughout the morning. The final performance featured our outgoing Year 6 students, joined by Year 5, who wowed us with an energetic drumming routine with their teachers—a fantastic way to end the day on a high note.

We would like to thank all our special guests and presenters, along with the family and community members who took time out of their day to join us on this special occasion.



## CHRISTMAS HAMPER RAFFLE WINNERS

A big congratulations to our Christmas hamper raffle winners. They each won a very full bucket of Christmas goodies drawn on Presentation Day from the many tickets that had been sold over the last few weeks. Thank you to all the families that supported our raffle by buying and selling tickets. We hope everyone has a safe and merry Christmas.

## MORE PRESENTATION DAY PHOTOS





## BY THE SEA: A MAGICAL YEAR 6 FAREWELL

On Monday night we celebrated our Year 6 Farewell with a beautiful *By The Sea* themed evening. The night was filled with laughter, delicious food, and plenty of dancing as our Year 6 students came together to mark the end of their primary school journey. They were also joined by their classmates in Year 5 who helped them celebrate.

One of the more special moments of the night came when Mrs Hulbert, Ms Pyke, and Mr Freebairn shared individually written letters for each student. These personal and thoughtful messages were read aloud, recognising the unique qualities, growth, and achievements of every child.

A huge thank you to all the families who supported and celebrated alongside us. Your ongoing encouragement, care, and involvement throughout the students' time at Urunga Public School have been invaluable.

The evening was a perfect way to celebrate friendships, memories, and the exciting adventures that lie ahead for our graduating students. A big thank you to everyone who made the night possible – a truly special farewell that will be remembered for years to come.



# PBL WINNERS FOR THIS WEEK

Congratulations to the PBL winners from Week 8 and Week 9, they have all displayed our positive behaviour expectations of being Responsible, Respectful and Safe learners in the past two weeks. They all receive their choice of either a voucher to spend at the canteen, or a small prize.

- **Jacob**
- **Suri**
- **Norah**
- **Max K**
- **Jaxson**
- **Mason**
- **Raider**
- **Reed**
- **Tahlea**
- **Elsie**
- **Laylah**
- **Indigo**
- **Tex**
- **Brody**
- **Max A**



**Positive Behaviour for Learning at Urunga Public School is for**

**EVERYONE, EVERYWHERE, EVERY TIME**



We are  
**responsible**

We are  
**respectful**

We are  
**safe**

## CHRISTMAS CARD COMPETITION

Each year the Raleigh Urunga Masonic Village hold a Christmas card design competition. Students were able to design and submit a entries, which were then all judged by the residents and staff at the nursing home. A very big congratulations to Mia who won with her beautiful design

Kristie and Jenny from the Masonic Village handed Mia her prize of some printed cards with her design on the front and a book voucher. Well done Mia.



## STAFF V YEAR 6 STUDENTS BASKETBALL MATCH

Wow, what a year for the teachers v students basketball game! It started out at a hectic pace with the Stage 3 big guns throwing all fire power the way of the teachers. The score swung like a pendulum, always remaining close with little opportunity for momentum.

As the heat at Urunga stadium began to rise, so did the pressure. Come the 4<sup>th</sup> quarter the teachers managed to gain a slight advantage, with teachers like Can't HULBERT Gottaslamit and Mr Andrew GAZman scoring with seeming ease deep in the paint!

Despite this, the students still held on to within grasp of stealing the win... but alas, they did not! As goes the tradition, it is nigh on impossible to beat the teachers here at Urunga in a game of basketball... but keep trying Year 6, your day will surely come!



## A COUPLE MORE PHOTOS FROM THE PERFORMANCE



## CHRISTMAS CRAFT

Each year, Christmas Craft is one of the most anticipated and enjoyable days towards the end of Term 4. Students spend the day immersed in Christmassy creativity. Some classes even started weeks in advance, like the Early Stage 1 students with their intricate pottery Christmas tree tea light creations. They cut, colour, paste, mould, sparkle, and craft their way to some truly amazing Christmas-themed projects.

By the end of the day, after the glue guns we have worked overtime, each class proudly displayed their festive creations in a quick assembly for the entire school. We hope all families enjoy the handmade treasures and wish everyone a very merry Christmas and a fantastic holiday season.



## Why Is My Child Like This?

### *The Power of Perspective Taking in Parenting*

My two children were fighting. Again.

“Abbie, what is going on?” Abbie described how Chanel teased her, was mean, and was hurting her. “Chanel, is that true?” I asked the older of the two girls. Her reply was instant. Without meeting my eyes, she said, “No”.

“Chanel, if I were to ask you to pretend to be Abbie and I had you describe what went on, what would you say to me?” Chanel reluctantly took Abbie’s perspective and acknowledged that Abbie would say that “Chanel teased me, was mean, and hurt me.”

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A man spoke to a famous speaker after a conference about relationships. “I can’t understand my son. He won’t listen to me.”

The speaker responded, “Let me say back to you what I just heard you tell me. You can’t understand your son because he won’t listen to you.”

“That’s right”, the man confirmed.

The speaker reiterated, “Let me say it again. *You* can’t understand *your son* because *he* won’t listen to *you*.” He paused as the man stared at him. Then he added, “I thought that to understand your son, *you* need to listen to *him*.”

I’ve heard many exasperated parents ask me variations on the same question. “Why is my child like this? Why do they do that? Why can’t they just listen and understand?”

As adults, we have a lot more life experience than children. We’ve seen more, learned more, and faced more challenges. It’s easy to forget what it’s like to see the world

through a child's eyes. Yet when our children feel understood, truly listened to, life works better—for them and for us.

## How to Better Understand Your Child's Perspective

- **Remember what it was like to be a child.** Think back to your own childhood experiences. What were your fears and worries? What challenges did you face?
- **Listen attentively to your child.** Pay attention to what they say and how they say it. Try to understand their feelings and point of view.
- **Ask questions to gain clarity.** Don't assume you know what they're thinking or feeling. Ask open-ended questions to encourage them to share their thoughts and feelings.
- **Be patient and understanding.** Children are still learning and growing. They may not always have the words to express themselves clearly.
- **Avoid dismissing their feelings.** Even if their worries seem small to you, they are very real to your child.

## Sharing Your Perspective in a Helpful Way

- **Offer comfort and reassurance.** Let your child know that you're there for them.
- **Share your own experiences (in an age-appropriate way).** This can help them understand that challenges are a normal part of life and that they can overcome them.
- **Help them develop coping strategies.** Teach them healthy ways to deal with stress and difficult emotions, such as deep breathing, talking about their feelings, or engaging in physical activity.

By remembering to see the world through your child's eyes, you can build a stronger connection with them and help them navigate life's challenges with confidence.



Dr Justin Coulson is a dad to 6 daughters and grandfather to 1 granddaughter. He is the parenting expert and co-host of Channel Nine's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: The Happy Families Podcast. He has written 9 books about families and parenting. For further details visit [happyfamilies.com.au](https://happyfamilies.com.au).

Coffs Harbour Netball Association

# NetSetGo Come and Play!



Come and play days!

- Saturday 15th February 2024
- Saturday 8th March 2024

# WHAT IS INVOLVED?

Woolworths NetSetGO is a fun, safe, social and active program primarily for girls and boys born in 2017-2020. It gives children the chance to learn the netty basics and helps kids gain confidence, get active and make friends in a safe and inclusive environment.

*What Will My Child Learn?*

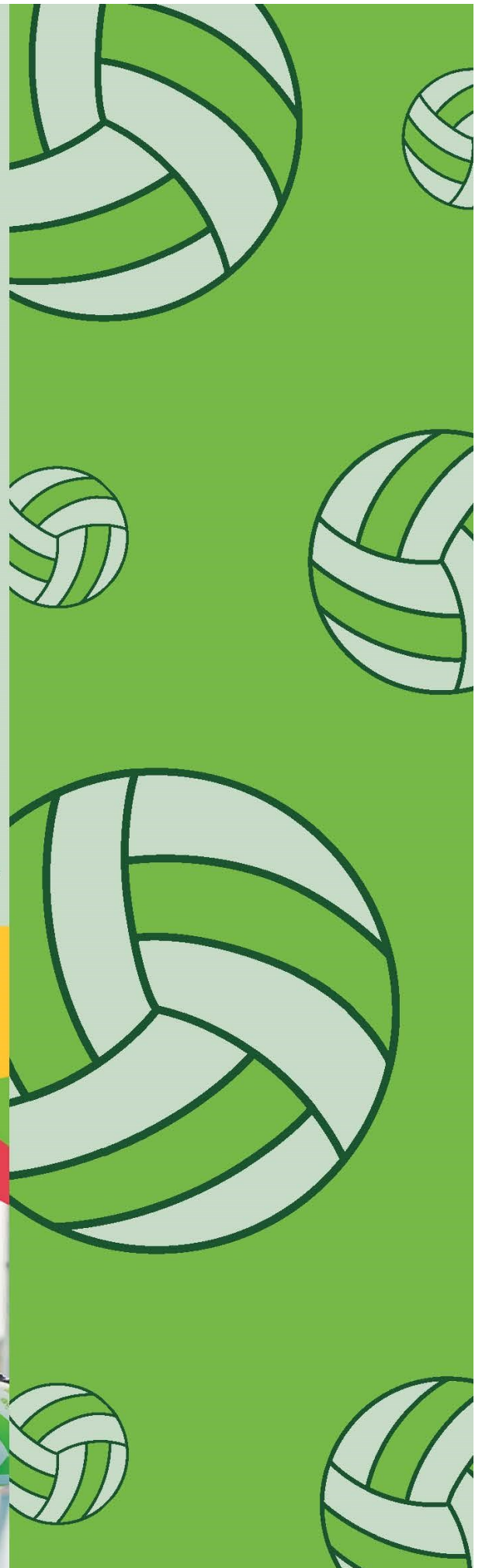
- Correct landing
- Pivoting
- Change of Direction
- Passing and Catching
- Netball Positions
- Using Space
- Teamwork

*Want to get involved register your interest to CHNA via the EOI form on our facebook page or contact [Chna@bigpond.com](mailto:Chna@bigpond.com) with your interest*

# START PLAYING

LEARN THE BASICS, FIND YOUR FEET AND MAKE A BUNCH OF NEW FRIENDS AT YOUR LOCAL WOOLWORTHS NETSETGO CENTRE.

🔍 PLAY NETBALL





# SANTA IS COMING TO TOWN!

## ON HIS TRIKE & TRUCK RUN

### FRIDAY 20th Dec After 4PM <sup>24</sup>

### Lollies & Urunga Activity Book for All Kids

Stopping at ....

- **Bellinger Keys**
- **Newry Island**
- **Yellow Rock**
- **Finishes @**

Urunga Info Centre - JOIN US for

# FREE

Sausage Sanga & Drink by Lions Club  
Balloon Shaping Artist by HooRai  
Bubble Display by Riverside Markets  
Face Painting by Sumara

Purchase : Slushies, Cold Drinks, Tea & Coffee



Alcoholic Beverages Available  
For Adults from Drinks Van

Kids can meet the Urunga Furies



Photos with Santa  
Available at V.I.C

Presented to you by



**WIN** Best Dressed Family  
Prize = Trike Tour

Bring Picnic Blanket / Chairs



THANKS TO OUR LOCAL SPONSORS & DONATORS FOR HELPING TO BRING SANTA TO URUNGA KIDS



cardow+  
partners



**Donations ::** The Honey Place - Park Beach Butchery - Boardwalk Cafe - Bel's Boheme - SPAR - NORCO  
Bridgestone Urunga - BP Urunga - CutzBothWays Salon - Urunga's Washing Well - Food Works

Please remember that everyday children should be wearing enclosed shoes and must have a hat and water bottle!

MONDAY 23rd December 2024	TUESDAY 24th December 2024	WEDNESDAY 25th December 2024	THURSDAY 26th December 2024	FRIDAY 27th December 2024
 <p>Note: Please bring swimmers and towel</p>		Christmas closed	Boxing day closed	Closed

**Closed from 25<sup>th</sup> December 2024 – Return 2<sup>nd</sup> January 2025**

30th January 2025	31st January 2025	1st January 2025	2nd January 2025	3rd January 2025
Closed	New year's eve closed	New year's day closed	 <p>DIY fidget day</p>	 <p>Incursion</p>
6th January 2025	7th January 2025	8th January 2025	9th January 2025	10th January 2025
	 <p>Excursion Springloaded Bongil Bongil 9:00am- 3:00pm</p>		<p>OZGREEN</p> <p>Incursion</p>	
13th January 2025	14th January 2025	15th January 2025	16th January 2025	17th January 2025
 <p>Excursion 8:30am – 3:00pm Diggers beach</p>		<p>Come fly with me</p> 		 <p>January 16 NATIONAL Winnie the Pooh Day</p>
20th January 2025	21st January 2025	22nd January 2025	23rd January 2025	24th January 2025
 <p>Incursion The balancing man</p>	<p>Incursion</p> 	 <p>CRAZY SOCK DAY</p> <p>and hair day</p>	 <p>Paddington IN PERU</p> <p>Nambucca Movies &amp; Bellwood Park 9:00am-2:30pm</p>	
27th January 2025	28th January 2025	29th January 2025	30th January 2025	31st January 2025
Public Holidays	 <p>Note: please bring swimmers and towel</p>	<p>LIDO FUN DAY</p> <p>Morning beach activity playing indigenous games and other fun.</p>	 <p>VIDEO GAME DAY</p> <p>Note : devices are welcome</p>	Closed



**URUNGA VACATION CARE Program Information**  
23<sup>rd</sup> December 2024- 30<sup>th</sup> January 2025  
(Please note this page can be kept as a reminder of booked days and activities)

**Program Information:**

**Monday 23<sup>rd</sup> December 2024: Wacky Water Play:** Today we will be enjoying a variety of water activities it will be a day to embrace water and get a little messy.

**Tuesday 24<sup>th</sup> December 2024: Movie Mania:** Today we will enjoy a day of kid friendly movies, card games and outside play.

**URUNGA OSHC Closed 25.12.24-1.1.25.**

**Thursday 2<sup>nd</sup> January 2025: DIY Fidget Day:** Today we will explore our creativity while making our own fidget toys like spinners, stress balls and sensory jars.

**Friday 3<sup>rd</sup> January 2025: Build a Bear:** Today Children will get the opportunity to create and personalise their own bears. They will first engage in a scavenger hunt to find their bear before building.

**Monday 6<sup>th</sup> January 2025: Stem:** Today we will get hands on and think critically through interactive experiments and building projects.

**Tuesday 7<sup>th</sup> January 2025: Springloaded & Bongil Bongil:** Join us for an excursion to Springloaded before heading to Bongil Bongil for a picnic lunch.

**Wednesday 8<sup>th</sup> January 2025: Ooey Goey:** Today's going to be a day full of sensory fun and creative mess-making! We'll kick things off by mixing up some colourful, squishy playdough and then dive into making our own bouncy balls.

**Thursday 9<sup>th</sup> January 2025: Oz Green:** Today our friends from Oz Green will be joining us to create a bug hotel and some scarecrows for the school garden.

**Friday 10<sup>th</sup> January 2025: Happy Chinese New Year:** We will be celebrating the Chinese New Year and embracing year of the snake.

**Monday 13<sup>th</sup> January 2025: The Big Banana & Diggers Beach:** Join us for an excursion to the big banana waterslides before a picnic lunch and exploration at Digger's Beach.

**Tuesday 14<sup>th</sup> January 2025: Messy Madness:** Today we dive into messy play where children can enjoy tie dye, slime and messy painting.

**Wednesday 15<sup>th</sup> January 2025: Come Fly with me:** Today we will be heading down to the Lido to have a picnic lunch and to test our paper planes with flying challenges and Frisbee decorating.

**Thursday 16<sup>th</sup> January 2025: Fair Day:** Today we will be participating in fun fair games before heading inside for a glow disco, face painting and tattoos.

**Friday 17<sup>th</sup> January 2025: Winnie the Pooh:** Today we will be having a picnic lunch and doing some Winnie the Pooh themed activities.

**Monday 20<sup>th</sup> January 2025: Balancing Man:** Today we will have a visit from the balancing man who will teach us some tricks before putting on a show.

**Tuesday 21<sup>st</sup> January 2025: Laser Tag in a box:** Today we will be engaging in laser tag in a box playing multiple games seeing which team can get the highest score and versing friends and educators.

**Wednesday 22<sup>nd</sup> January 2025: Crazy Hair & Sock Day:** Today come with your crazy hair and socks. We will have a crazy hair contest to see who has the craziest hair and socks! Make hair accessories, play games and more!

**Thursday 23<sup>rd</sup> January 2025: Nambucca Cinema & Bellwood Park:** Join us for an excursion to Nambucca cinema to watch Paddington in Peru, a picnic lunch and explore at Bellwood Park.

**Friday 24<sup>th</sup> January 2025: Board Game Day:** Today we will be playing many board games and card games with our friends and educators. Children will get the opportunity to create their own games or see who the champion card game player will be?

**Monday 27<sup>th</sup> January 2025: CLOSED**

**Tuesday 28<sup>th</sup> January 2025: Wacky Water Play:** Today we will be enjoying a variety of water activities it will be a day to embrace water and get a little messy.

**Wednesday 29<sup>th</sup> January 2025: Lido Fun Day:** Come with us to the Urunga Lido to engage in indigenous games and activities on the beach sand. We will be going down in the morning to beat the heat.

**Thursday 30<sup>th</sup> January 2025: Video Game Day:** Today we will be bringing in our devices. Children will have the opportunity to play Mario kart and beat their friends and educators while balancing outside play and card games.

**Friday 31<sup>st</sup> January 2025: CLOSED**

## STANDARD FEES

Max of \$65 day It is the parent/guardian's responsibility to complete and lodge their Child Care Subsidy (CCS) application with Centrelink Human Services to gain access to fee reductions provided by the government **Invoices will be sent out weekly. Outstanding invoices will need to be paid before you book your child into vacation care.**  
**No charge if 24 hour advance notice of absence is given.**

## CHILD CARE SUBSIDY: WHAT YOU NEED TO KNOW

Child Care Subsidy (CCS) is a government subsidy offered to eligible families as a reduction on fees. Applications for the CCS are made through your Centrelink online account through **myGov**. Please apply / update details for CCS if you haven't already done so. For more information on this process, visit [education.gov.au/childcare](http://education.gov.au/childcare)  
**PLEASE NOTE: If children have a break between care of more than 14weeks (e.g. during the school term) their enrolment will be ceased. The Service will update enrolment details with Centrelink. It is the parent/guardian's responsibility to check their child's enrolment status (notifications) in their myGov account and confirm enrolment details where necessary to access CCS.**

## DIRECT DEPOSIT INSTRUCTIONS

Bank: Regional Australia Bank, Open Arms Care Incorporated  
BSB: 932000  
ACC: 100511161  
You can also find bank account details on page 1 of your invoices.  
Please reference with your child's name and Centre (Urunga)  
. E.g. J Smith Urunga.  
**(if this information is not included we have no way of identifying who made the payment)**

## OUR PROGRAM

Our program provides children with developmental opportunities that are focussed around the children's interests, abilities and needs. Our daily program also offers creative arts, life skills & physical activities, imaginative play, construction, individual, group activities and lots of fun.

## OUR EDUCATORS

The Educators at Open Arms Care Inc. OSHC Services provide a diverse and inclusive environment that fosters all children's developmental abilities and self esteem. Educators are professional and strive for excellence within the service environment, whilst working together as a team. Our accredited services are supported by University and TAFE educated staff.

## THINGS TO REMEMBER

**PLEASE REMEMBER ON EXCURSION DAYS TO BE AT OSHC 30 MINUTES BEFORE THE DEPARTURE TIME TO FILL OUT PERMISSION NOTES, MEDICAL FORMS ETC**

**SUN SAFETY:** No Hat, No Play (or play in the shade). Educators will endeavour to ensure that all children apply sunscreen although...please remember to apply sunscreen to your child before they arrive, pack a long sleeved rash shirt or a long sleeved shirt for water activities and we recommend a wide brimmed hat for extra sun protection.

**FOOD:** Nutritious foods are essential for growing, playing and learning. Although we realise its school holidays and that means the occasional special treats, we do ask that parents/carers please provide a healthy and nutritious morning tea, lunch and afternoon tea for their children. Children do burn through a lot of energy in our active program so please ensure that your child has enough healthy food to last the whole day. **We also ask that treats such as chocolates, fizzy drink or lollies be left at home until the evening or weekend.** We are also a nut free zone. Please ensure you child/ren come packed with a water bottle.

**CLOTHING GUIDELINES:** Children are encouraged to wear comfortable casual clothing when attending Vacation Care. We ask that children wear covered shoes. **Thongs**, strapless shoes, high heels, slip-ons, etc. are considered **unsafe**.

**SWIMMING:** Please notify the staff about your child's swimming ability if your child is attending on a swimming excursion

**MOVIES/DVDS & VIDEO GAMES:** Please notify the staff if you do not want your child to view G&PG movies or play video games

## BOOKINGS

For existing enrolments please book by the Xplor app. For new enrolments please contact us on 0266552650



# Receive up to \$500 from ANZ for your 2025 back to school costs

**Achieve a savings goal for 10 months and ANZ will match it up to \$500. You need to:**

- ✓ Be 18 years or older
- ✓ Have a current Health Care Card or Pensioner Concession Card
- ✓ Have a child in school, starting school next year, or be studying yourself
- ✓ Get a regular income (can be you or your partner)
- ✓ Agree to join in free online financial education workshops

Terms and conditions apply.



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