URUNGA PUBLIC SCHOOL

BONVILLE STREET PO BOX 21 URUNGA NSW 2455 email: Website: Tel:

urunga-p.school@det.nsw.edu.au www.urunga-p.schools.nsw.edu.au 02 6655 6393



On the traditional lands of the Gumbaynggirr people

NEWSLETTER NO. 18

TERM 2 WEEK 9

WEDNESDAY 22nd JUNE, 2022

IMPORTANT DATES

Thurs 23rd June	Urunga Community Preschool Visit	Tues 28th June	Whole School Assembly @ 2.20pm
Fri 24th June	PSSA Soccer Girls - Urunga Soccer Grounds	Wed 29th June	NAIDOC Day Celebrations
Fri 24th June	Semester 2 Reports to go home	Fri 1st July	Conservatorium of Music—New England Visit - \$5 per student
Mon 27th— Fri 1st	Parent Teacher Interviews	Fri 1st July	LAST DAY FOR TERM 2

BOYS BASKETBALL PSSA GALA DAY

Last Friday 17th, our Stage 3 boys basketball team travelled to Coffs Harbour Sportz Central to compete in the annual PSSA Basketball Competition. We were lucky enough to get 2 games on the day and had a ball!

The first game was the culmination of years of lunchtime basketball and a few training sessions whenever we got a dry court, it was an outstanding win against Nambucca Heads Public School. Following the first game, we unfortunately went down to an extremely well drilled and experienced team from Mullaway. Each of the boys played enthusiastically and as a team. Standouts included Josh Graham with his amazing scoring ability, Harper Tutt who can run all day and the feisty Oscar Day. Well done and we can look forward to a lunchtime game soon against our undefeated girls team led by Miss Reid! Lookout! **Mr Ticli**







NEWS FROM OUR PRINCIPAL MRS JANE MARTYN



Giinagay Urunga Community,

We acknowledge the traditional custodians of the land on which we live and work and we pay our respects to the Elders both past and present.

NAIDOC WEEK CELEBRATIONS - GET UP! STAND UP! SHOW UP!

On Wednesday 29th June, we will be holding our NAIDOC celebrations. We will be commencing the day with a whole school assembly and welcome ceremony from 9.30am. Parents are welcome to join us for this assembly. We will be having Matthew Flanders from National Parks and Wildlife Service as well as Rhiannon Mitchell from Saltwater Sistas staying for the day to lead us in some cultural activities.

STUDENT PROGRESS REPORTS

Our teachers have been working hard on completing our Student Progress Reports for Semester One. These will be sent home with your child this Friday.

PARENT/ TEACHER CONFERENCES

Parents and carers are invited to book a timeslot for during Week 10 to discuss their child's progress with their teacher. Conference times are available to book through our Sentral Parent Portal.

Instructions on how to do this were emailed to parents and carers last week. If you are having any difficulty in booking a suitable time, please contact our office for assistance.

REVISED COVID GUIDELINES

All recent advice and guidelines for families can be found at this link:

Advice for families (nsw.gov.au)

PARENTING IDEAS

This week's Parenting Ideas video is titled '*Top five strategies to improve your parenting this year*'. The focus is positive parenting. https://vimeo.com/312453576/777c369059

Take care Jane Martyn







NEWS FROM OUR COMMUNITY LIAISON OFFICER LAURA McGRATH



URUNGA PUBLIC SCHOOL NAIDOC CELEBRATIONS WEDNESDAY 29TH JUNE 2022

9:30am - 10:00am

welcome to Country at the whole school assembly

All welcome!

Activities for the day will be led by our guests

Matthew Flanders & Rhiannon Mitchell.





Matthew Flanders - National Parks & Wildlife Matthew will be sharing Dreamtime stories with Early Stage 1/Stage 1 and leading Cultural walks in Urunga with Stage 2. Matthew will be sharing the history of the Gumbaynggirr People and explore their culture and way of life.



Rhiannon Mitchell - Saltwater Sistas

Rhiannon will be running workshops with Stage 3 teaching the students about the ocean, wellbeing and culture. Rhiannon is a Mununjali woman who has grown up on Gumbaynggirr Country and is studying to be a marine biologist. The workshops will focus on teaching about marine life and sharing Dreamtime stories connected to the ocean.

NORTH COAST FOOTBALL (SOCCER)

Urunga Public School had four students play in the Mid North Coast Soccer teams last Friday at Yamba. Bella and Sophie played in the girls team while Charlie and Asher played in the boys. We would like to send out a big congratulations to Sophie, Bella and Charlie who all were successful in gaining selection for the North Coast Football (Soccer) Teams. This is a wonderful achievement and they should all be very proud. Sophie and Bella will travel to Bathurst in August to play at the State Championships and Charlie will travel to Griffith in August to play at the Boys State Championships. We wish them all the best.



WIND BAND WORKSHOP

Last Friday, the Urunga Public School band attended a Wind Band Workshop at Bellingen High School. The workshop was hosted by the High School Concert Band, who dedicated the day to teaching and playing alongside our Primary Band students. We were joined by the Bellingen Public School Concert and Training Bands, one student from Dorrigo and another from Chrysalis. Altogether, we had 37 primary school students and 18 high school students making up one Big Band.

The students spent the day being tutored in small groups by their high school mentors as well as playing their band pieces altogether in the hall. We finished up with a short concert for parents before packing up all the equipment and heading home. Ms Ann Phelan did a wonderful job of organizing the event, selecting the music and conducting on the day, and we were very lucky to be joined by Mr Pete Skelton, percussionist extraordinaire, who shared his amazing skills and passion for all things percussive.

Sincere thanks to Bellingen High School for supporting the workshop and sharing their facilities with us for the day. It was an inspirational learning opportunity for our students and the results were very evident in the closing concert. It was lovely to see so many parents enjoying the experience of watching their children perform. The BHS Concert Band excelled themselves in helping their junior colleagues and I know they also learned a great deal about teaching, stamina and patience! A wonderful day all round. **Hazel Buchanan Band Director**



WHAT'S DUE

- Stage 3 Excursion permission note and \$100 deposit due ASAP
- P&C Fuel Voucher Raffle Tickets due by Friday 25th June
- Year 5 & 6 Waste Management Centre excursion note due Friday 25th June
- Year 4 Cascade Excursion Permission Note and payment
- Voluntary School Contributions and Educational Resources payments

PSSA SOCCER KNOCKOUT

Last Wednesday 13 boys and 12 girls walked down to the Urunga fields to play PSSA soccer against Bellingen Public School. Both teams gave it their all and played with impressive skill and sportsmanship. Some students had never played soccer before but were excited to give it a shot and had a great time. The boys unfortunately lost their game 2-0 while the girls were victorious, winning 6-4. Their round 2 game will be against Nambucca Heads Public School this Friday. Good luck girls! Miss Kyle and Miss Pyke





A reminder to return all your sold or unsold raffle tickets in our huge \$200 fuel give away. It only takes one ticket to win it!

Please return tickets to school with your child this week or next week for your chance to be the winner. The raffle will be drawn on the morning of Friday 1st July—the last day of term.

Our next meeting will be held next term. It will be a night meeting on Thursday 28th July at 6pm in the school staff room. Everyone is invited.



Best wishes From your P&C



 \bigstar \bigstar \bigstar ☆ ☆ ☆ \checkmark \checkmark \checkmark ☆ $\frac{1}{2}$ ☆ ☆ ☆ ☆ ☆ \mathbf{k} $\frac{1}{2}$

TOUCH FOOTBALL PSSA GAMES

Last Thursday 16th June, the following students proudly represented Urunga Public School in PSSA Touch Football.

Girls: Lyla, Siobhan, Sophie W, Alyssa, Arabella, Grace, Sophie L and Olivia. *Boys:* Lockie, Jake, Harper, Taj, Josh, Dean, Kenny and Lincoln.

Both teams played against Bellingen Public School at Urunga Recreational fields. The teams put in a huge effort with the girl's game up first. Miss Jaydan keenly prepared the girls for their game with some quick warm-ups and drills. When we hit the field, all students were persistent and tried their best. There was great talk and encouragement from one another throughout the game, though unfortunately Bellingen took the lead, winning 5-2.

The boys were up next, they took initiative by organising their own positions on the field and warming up prior to their game. It was a tough game, initially Bellingen took the lead, but Urunga made a great comeback and almost took home the win with some skilled stepping and dummies. Unfortunately Bellingen won 8-6.

Thank you to the parents who came and supported the games. Congratulations to both teams and the students who had never played before. We did not make it through to the next round, though both teams did exceptionally well.

Miss Creighton & Miss Jaydan



LITERACY GROUPS

Miss Hooke has been working with small groups of students on reading comprehension and fluency activities. The students have been learning how to view and unpack texts, focusing on developing a deeper meaning and understanding of what they are reading. The students have been working hard and enjoy attending these sessions.



STAGE 3 EXCURSION - CHANGE OF VENUE

We have been notified by Lake Ainsworth that they have unfortunately had to cancel our excursion for Year 5/6 students next term. They are currently being used for crisis accommodation for the Northern Rivers flood victims.

While this is disappointing, we are excited to have been able to secure a **new venue** and dates at The Great Aussie Bush Camp at Tea Gardens (just north of Karuah). The Great Aussie Bush Camp program offers the widest choice of onsite and offsite activities available at any outdoor education centre in Australia.

There will be a new permission sent home this week for you to confirm your permission for this new venue. The new dates for the excursion are **Monday 8th—Wednesday 10th August** (Week 4, Term 3). This is a quick turn around so it is important that we have all permission notes returned and deposits paid by this coming Monday 27th July. The P&C are generously contributing \$50 per student towards the cost of the camp. The full cost to families for each child will be notified as soon as we have final numbers and costings.

If you are experiencing any difficulty in meeting these payment timeframes, please come and speak to Mrs Prior or Mrs Martyn. We are all looking forward to a great excursion experience. **Stage 3 Teachers**

DENTAL HEALTH VAN

The Dental Health Van has arrived at Urunga Public School. It is a FREE dental service provided by NSW Health and is available to all K-6 students. Two weeks ago, your child was given an information package about this dental program. The pack includes information and a consent form for you to fill in if you would like to take advantage of this program. Please return the completed paperwork to the school. If you child did not bring one home, please ask their teacher or the front office for a pack.



REGISTER FOR SENTRAL PARENT PORTAL

Urunga Public School - SENTRAL Parent Portal allows parents to receive and view important school information. Parents and Carers can access attendance history, record absences, and book parent-teacher conferences, school newsletters and student notices from anywhere at any time.

To register, parents have been provided with registration details <u>https://urungaps.sentral.com.au/portal/</u> <u>register</u> and an access key in an email from the school last week. If you did not receive this information, please email the school on <u>urunga-p.school@det.nsw.edu.au</u> or contact the front office on 6655 6393.

Parents can access the Parent Portal via this link <u>https://urungaps.sentral.com.au/portal_</u>or download the app 'SENTRAL for Parents'.

If you have previously registered and added your child/ family code, you should still have access to the Parent Portal and will not have to do this again. If there are any problems, please let us know.

SEMESTER ONE PARENT-TEACHER CONFERENCES

We will be holding our Semester One Parent-Teacher Conferences in Week 10 of this term. We will be using the SENTRAL Parent Portal to book conference timeslots from the times made available by your child's classroom teacher. We have allocated 15 mins for each conference time.

The booking availabilities went live on the SENTRAL Parent Portal on Monday 20 June and will be open until Thursday 23 June at 5pm. Our staff look forward to meeting with you to discuss your child's progress.

HEAD LICE

It's that time again! The head lice are out and about. Please check your child's hair regularly for head lice and eggs (nits) - use a fine metal **tooth nit comb** and plenty of cheap hair conditioner applied to the dry hair. This is a cheap method to see if your child has head lice, and if they do please treat with an approved head lice treatment. It is very important to remove all the eggs and repeat the process regularly until you no longer find eggs or lice in your comb. Eggs will continue to hatch over a ten day period.

Teachers have been talking to students about strategies to minimise the chances of getting head lice.



Nutrition Snippet FAT TO THE SEASON.



Eating seasonal fruit and veg means:

- ✓ It's cheaper
- It's fresher and more nutritious
- ✓ It's better for the environment

For tasty winter recipes read our blog: healthylunchbox.com.au/blog/whats-inseason-for-winter/

Cancer Council Healthy Lunch Box





An incredible ark of ancient living fossils

Discover Gondwana introduces you to the incredible ark of ancient living fossils in Dorrigo National Park. Hear stories of how the unique plants and animals of this World Heritage rainforest have survived and thrived. This hotspot of biodiversity gives us a glimpse into the past and a portal to the future.

Come and experience the lush canopy of this stunning subtropical rainforest with one of our knowledgeable and friendly Rangers. This short tour is suitable for all ages with the option to continue self-guided to the striking Crystal Shower and/ or Tristania Falls.

When: Mon 4, Tue 5, Wed 6, Thur 7, Fri 8, July. Mon 11, Tue 12, Wed 13, Thur 14, Fri 15 July.

Meet: At the front entrance adjacent to the mosaic at entrance to Dorrigo Rainforest Centre **Start:** Walk times the same every day

10am -10:30am, 11am -11:30am, 12pm -12:30pm, 2pm -2:30pm

Grade: Easy. Suitable for all ages (children under 5 years free).

Bring: Enclosed shoes, raincoat, hat and water bottle.

Cost: \$10 Adult \$5 Child \$25 Family (2A&2C)

BOOKINGS REQUIRED - Online: **nswparks.info/gondwana** or QR code or at the **front desk at the Dorrigo Rainforest Centre** 15 minutes before the start time.





Fun for the kids

Gondwana Nature Play

Dorrigo National Park

World Heritage Gondwana Rainforests

Gondwana Nature Play is an interactive journey of exploration and discovery into the lives of the small mini beasts that make the rainforest their homes.

For all children 5-8 years old. When: Tuesday 5 July and Tuesday 12 July 2 sessions: 10am -11am and 11:30am -12:30pm

BOOKINGS ESSENTIAL: Phone 6657 5913

Adults not required to attend

You can also book on the day at the Rainforest Centre information desk, but it's best to book ahead



URUNGA VACATION CARE

Location: Urunga Public School, Bonville Street Phone: 0408 025 093 Office: 6655 2650 Session Times: Mon-Fri 7am – 6pm during school holidays

Please remember that everyday children should be wearing enclosed shoes and must have a hat and water bottle

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 th July 2022	5 th July 2022	6 th July 2022	7th July 2022	8 th July 2022
	Messy Aut		Winter Wonderland Get comfy with your pjs and uggs or get fancy with your onesie or oodie. We will have calm activities, board and card games to play, cubby houses to	AMAZING RACE DAY Solve the clues, work as a team and find the
Today we have the reptile	Magazza	Nambucca Cinema	make. Afternoon tea will	hidden treasure.
man coming in for a live display at Urunga OSHC.	Messy madness	Exploring Bellwood Park	be pancakes and hot	HE AMAZING HALLENDE IDENS
display at orunga OSHC.	The children loved it so	& a viewing of	choccies to warm up with	ROAD CLOCK OF B
Depart:10:00am	we brought it back. It's	"Minions: the rise of	whilst watching a Disney movie.	DETO IR COUTE DETO
Return:2:30pm	time to challenge your artist skills by using	Gru" at Majestic Cinema Nambucca	movie.	
-	your imagination to get	Heads.		
Cost: \$15	creativity.	Depart: 9.30am	Cost \$5.00	W. PRINTAGLE
	Cost \$3.00	Return:3.00 pm	COSI \$5.00	PorpaPrint/Parkgreen
		Cost: \$26.00		
11 th July 2022	12th July 2022	13 th July 2022	14 th July 2022	15 th July 2022
Science day Today we are going to try different experiments. From making playdough, slime to making a storm in a glass to making all	Jetty Foreshore & Laser Tag Jetty Foreshore play & Big Banana laser tag. 2 laser tag missions then lunch and a play at the Jetty Foreshore.	Clay sculpture day Make your own sculpture of whatever you like! Use your hands to create and don't be scared to get messy.	Urunga adventure day Today we are heading to Urunga for a day of Croquet, Golf and Tennis, with hot chips and chicken nuggets for lunch.	Cardboard box day The children are going to get creative with their cardboard boxes. Using the skills and imaginations to build what they want with the boxes.
Hard glass to making all things colourful.	Depart :9:30am Return: 3:00pm Cost:\$26.00	K KA	Depart:10:00am Return:2:30pm	70+ CARDBOARD BOX IDEAS AND CRAFTS FOR KIDS UW AUTORITIES COM



Monday 4th July 2022 – Reptile world incursion: Today Bellingen OSHC is joining us at Urunga for the Reptile man! There will be two shows starting from 10am and we will split into 2 groups. While some children are watching the reptile show, the others will be at the top cola/indoors playing or engaging in reptile themed activities and crafts. Steve brings along many different reptiles and animals for the children to interact with. The show is informative and very interactive with the children.

Tuesday 5th July 2022 – Messy Madness Day: The children enjoyed the messy madness activities and getting creative with the arts and craft, trying out different ways to create pictures with our creative side.

Wednesday 6th July 2022 – Bellwood Park and Nambucca Cinemas – Excursion Day: We are off to Nambucca Cinemas today to watch the new "Minions: the rise of Gru". We will also explore Bellwood Park for a play

Thursday 7th July 2022 - Winter Wonderland: We will be staying comfy in pj's, trackies, onesies or oodies today to embrace the cool season of winter. Playing of board games, building cubby's, encouraging calm activities inside whilst others can enjoy the cool outside weather. But then a warm afternoon tea snack of pancakes and hot choccies and Disney Movie!

Friday 8th July 2022 –: Amazing Race Day: Today we will be working as teams to solve the clues and find the hidden treasure. Working on teaming to figure out the clues together.

Monday 11th July 2022 – Science Day: The children will become scientist today to create and experiment with different science experiments like making playdough, slime, a storm in a jar and trying to make things to become more colourful.

Tuesday 12th July 2022 – Laser Tag and Jetty Foreshore: Today we are heading to the Jetty for some lunch and a play on the beach or on the park and a walk along the jetty before heading off to Laser Tag for some fun with 2 mission.

Wednesday 13th July 2022 clay day – The children will explore the clay with their hands creating a sculpture of their choice it could be an animal, flower, tree, person and their favourite toy. It's up to their imaginations.

Thursday 14th July 2022 – Urunga Adventure Day: The children walk down to the Golf Club Adventure to the local Croquet, Golf and Tennis. After enjoying some hot chips and chicken nuggets for lunch.

Friday 15th July 2022 – Cardboard Box Day: Today we will get creative with our cardboard boxe's and building with our imagination to create cars, houses, horses ,trees, fairy gardens.

STANDARD FEES

Max of \$50 day(plus excursion/activity costs where applicable). It is the parent/guardian's responsibility to complete and lodge their Child Care Subsidy (CCS) application with Centrelink Human Services to gain access to fee reductions provided by the government Invoices will be sent out weekly. Outstanding invoices will need to be paid before you book your child into vacation care. No charge if 24 hour advance notice of absence is given.

CHILD CARE SUBSIDY: WHAT YOU NEED TO KNOW

Child Care Subsidy (CCS) is a government subsidy offered to eligible families as a reduction on fees. Applications for the CCS are made through your Centrelink online account through **myGov**. Please apply / update details for CCS if you haven't already done so. For more information on this process, visit **education.gov.au/childcare**

<u>PLEASE NOTE:</u> If children have a break between care of more than 14weeks (e.g. during the school term) their enrolment will be ceased. The Service will update enrolment details with Centrelink. It is the parent/guardian's responsibility to check their child's enrolment status (notifications) in their myGov account and confirm enrolment details where necessary to access CCS.

DIRECT DEPOSIT INSTRUCTIONS

Bank: Banana Coast Credit Union (BCU) BSB: 533 000 ACC: 32860196

You can also find bank account details on page 1 of your invoices.

Please reference with your childs name and Centre (Bellingen or Urunga) . E.g. J Smith Bellingen. **(if this information is not included we have no way of identifying who made the payment)**

OUR PROGRAM

Our program provides children with developmental opportunities that are focussed around the children's interests, abilities and needs. Our daily program also offers creative arts, life skills & physical activities, imaginative play, construction, individual, group activities and lots of fun.

OUR EDUCATORS

The Educators at Open Arms Care Inc. OSHC Services provide a diverse and inclusive environment that fosters all children's developmental abilities and self esteem. Educators are professional and strive for excellence within the service environment, whilst working together as a team. Our accredited services are supported by University and TAFE educated staff.

THINGS TO REMEMBER

PLEASE REMEMBER ON EXCURSION DAYS TO BE AT OSHC 30 MINUTES BEFORE THE DEPARTURE TIME TO FILL OUT PERMISSION NOTES, MEDICAL FORMS ETC

SUN SAFETY: No Hat, No Play (or play in the shade). Educators will endeavour to ensure that all children apply sunscreen although...please remember to apply sunscreen to your child before they arrive, pack a long sleeved rash shirt or a long sleeved shirt for water activities and we recommend a wide brimmed hat for extra sun protection.

FOOD: Nutritious foods are essential for growing, playing and learning. Although we realise it's school holidays and that means the occasional special treats, we do ask that parents/carers please provide a healthy and nutritious morning tea, lunch and afternoon tea for their children. Children do burn through a lot of energy in our active program so please ensure that your child has enough healthy food to last the whole day. We also ask that treats such as chocolates, fizzy drink or lollies be left at home until the evening or weekend. We are also a nut free zone. Please ensure you child/ren come packed with a water bottle.

CLOTHING GUIDELINES: Children are encouraged to wear comfortable casual clothing when attending Vacation Care. We ask that children wear covered shoes. **Thongs**, strapless shoes, high heels, slip-ons, etc. are considered **unsafe**.

SWIMMING: Please notify the staff about your child's swimming ability if your child is attending on a swimming excursion

MOVIES/DVDS & VIDEO GAMES: Please notify the staff if you do not want your child to view G&PG movies or play video games

To Lodge this Booking Form						
HOW TO BOOK ONLINE OR VIA THE APP:						
https://qkdoc.secure.force.com/QKDOC/articles/QikKids_Support_Documentation/Casual-Booking-Management-Parent- Guide-1416289842579						
Scan and email to: oshc@openarms.	org.au Hand deliver to: Shop 9-10, 31-33 Bowra St Urung					
I acknowledge the service fee policy and agree to abide by it and give permission to OAC staff to email my account for payment and the C usage statement to the email address provided above						
Name:	Signature	Date://				
PLEASE CHOOSE YOUR DAYS CAREFULLY as ALL DAYS NOMINATED WILL REQUIRE PAYMENT: This means that the normal session fee (\$50) will be charged and in the case of excursions, a \$10 no show fee or the cost of the excursion (whichever is less)- will also be charged						
Booking Form - Please indicate days required by writing child/rens name next to appropriate days						
Monday 4 th July 2022 – Reptile World Day						
Tuesday 5 th July 2022 – Messy Madness Day						
Wednesday 6 th July 2022 – Nambucca Cinemas and Bellwood						
Thursday 7 th July 2022 - Winter Wonderland						
Friday 8 th July 2022 - Amazing Race Day						
Monday 11 th July 2022- Science Day						
Tuesday 12 th July 2022 – Laser tag & Jetty Foreshore						
Wednesday 13 th July 2022– Clay Sculpture						
Thursday 14 th July 2022– Urunga Adventure Day						
Friday 15 th July 2022 – Cardboard Box Day						

SCHOOL HOLIDAY CLI

MACKSVILLLE Thursday 7th July 22 9:30am - 11:30pm & 12pm - 2pm

Macksville High School 40 Boundary St. Macksville

dav

PROGRAMS FOR BOYS AND GIRLS 6 - 12 YEARS OLD

HAVE FUN MAKE NEW FRIENDS **DEVELOP AND LEARN NEW** FUTSAL SKILLS

For more details contact us at PH: 0448 157 049 Email: renee@australianfutsal.com Register @ ausfutsal.com/holidayclinic



REGISTER NOW - ausfutsal.com/afa

@ 32 Industrial Drive, Coffs Harbour

HOLIDAY CLINICS, FUTSAL SCHOOL & LITTLE FEET

School Holiday Clinic

Coffs Harbour 5th July - two sessions 9.30 to 11.30 and 12pm to 2pm Macksville 7th July - two session 9.30 to 11.30 and 12pm to 2pm

LITTLE FEET WED 3:30 - 4:10 Ages 3 to 5 \$80 8 weeks

FUTSAL SCHOOL TUE 4:30 - 5:30 Girls Only THURS 4:30 - 5:30 WED 4:30 - 5:30 Ages 6 to 12 \$125 10 weeks

FUTSAL SCHOOL Ages 12 to 16 \$125 10 weeks

COACHED BY FORMER FUTSALROOS

PLAYER SHANE SOUTTER For more information contact Renee @ Email renee@australianfutsal.com or Phone 0448 157 049



austfutsal.com/Clubs/Coffs-Harbour-Futsal



Free Ear Health Checks

Otitis Media Awareness Day

Thursday 23rd June, 2022

Coffs Harbour Park Beach Plaza (near BOOST Juice) 10am-5pm

Is this your child?

- Frequent colds and ear infections.
- •Delayed speech development.
- Has difficulty concentrating in class.
- Says"what" or "pardon" often.

Hard to Hear, Hard to Learn!



Ear Health Checks for Children

No Appointment Necessary

This event is initiated by the NSW Department of Education in conjunction with the Mid North Coast Local Health District and Galambila Aboriginal Health Service.

COMMUNITY INFORMATION PHYSIE & DANCE

EVERY WEDNESDAY IN URUNGA Call out to all 3-12 year olds!

IT'S NEVER TOO LATE TO JOIN

5-8 Years: 4.00 - 4.45 9-12 Years: 4.45 - 5.30 Literary Institute Hall Directly opposite Urunga PS







Contact Allison on 0411460377 to organise your FREE trial class!

COFFS COAST

Create and Connect is an art and craft camp that gives girls an opportunity to create awesome art and craft and connect with God and others.

This year we will be making original felt blankets, decorating bags, creating smash books, making friendship bracelets, embroidery crafts and more! We will have a bonfire, play games and have lots of fun in a beautiful location in the bush where girls will stay in dormitories and eat plenty of delicious food!

WH<mark>O:</mark> For girls in Yrs 5-9

WHERE: Camp Eagle Eye, Glenreagh

WHEN: July 29th - 31st

COST: \$160pp

KIDS to CAMP Up to 100% discount available for those in need!



FOR MORE INFO & TO REGISTER



THIS WILL BE DRAWN LAST WEEK OF TERM.

GOOD LUCK TO OUR URUNGA FAMILIE'S AND COMMUNITY.

URUNGA FOOD PANTRY

NEXT TO THE LAUNDROMAT IN CARDOWS ARCADE

OPEN IN URUNGA Each Tuesday starting 15th March we will be open from 8.30am—10.30am for Urunga PS families

> Also open on Thursday: 10.00am - 4.00pm Friday: 10.00am - 12.00pm

Open to anyone with a pensioner or healthcare card as well as those experiencing financial stress



Hous

LOW COST

aroceries

bread

fruit & veg with \$10 food purchases

lifehousecare.org.au/pantry



practical help for parents www.schoolatoz.com.au Urunga Public School





Bellingen Shire Council have a new Community Directory available by visiting

www.mycommunitydirectory.com.au/nsw/bellingen

The directory can be downloaded to print and is available as an App by texting BELLINGEN to 0488 884 151

It is a one-stop-shop for community information, can be used to promote events and recruit volunteers.

Its a great resource for community members and visitors who would like to know what is happening locally.

There is <u>NO COST</u> for groups and services to list in the directory.

This can be done in 3 ways:-

- 1) Visit the directory and click 'List for Free' at the top of the home page
- 2) Call the support team on 1300 762 515
- 3) Email the support team on support@mycommunitydirectory.com.au

Connecting Your Community

FOR MORE INFORMATION CONTACT ANNA JOY ON 66557378

www.mycommunitydirectory.com.au/nsw/bellingen