

URUNGA PUBLIC SCHOOL

BONVILLE STREET
PO BOX 21
URUNGA NSW 2455

EMAIL: urunga-p.school@det.nsw.edu.au
WEBSITE: www.urunga-p.schools.nsw.edu.au
TEL: 02 6655 6393



On the traditional lands of the Gumbaynggirr people

NEWSLETTER NO. 4

TERM 1 WEEK 5

WEDNESDAY 24th FEBRUARY, 2021

IMPORTANT DATES

Thurs 25th Feb	MNC Swimming (Coffs Harbour)	Fri 5th Mar	Soccer Gala Day (Stage 2 & 3)
Thurs 25th Feb	NRL 7's Legends Gala Day	Tues 16th Mar	Whole School Assembly @ 2.20pm
Tues 2nd Mar	Whole School Assembly	Wed 17th Mar	School Photos
Wed 3rd Mar	NC Swimming (Coffs Harbour)	Fri 19th Mar	Harmony Day & National Day of Action Against Bullying

DISTRICT SWIMMING CARNIVAL

Twenty four of our swimmers spent a wet day, both in and out of the pool, at Macksville competing at the district swimming carnival last Friday. Despite the rainy conditions everyone was keen and did their best. Unfortunately, towards the end of the day, thunder and some lightning caused the carnival to be stopped early which meant the relays were not able to be swum.

Eight of our swimmers finished with a top four finals time in their individual events and gained qualification to swim at the Mid North Coast carnival to be held in Coffs Harbour tomorrow – many in multiple events. We wish them all the best for a great day! A list of the students and the events they qualified in is further on in the newsletter.





NEWS FROM OUR PRINCIPAL MRS JANE MARTYN

WEEKLY SCHOOL RULE

The focus this week is the **orange rule**
"complete all work".
We ask that you reinforce this week's rule at home with your child.



MEET THE TEACHER / PARENT INFORMATION EVENING

Our information afternoon where parents are invited to meet with teachers to find out about class routines, requirements, expectations and learning programs is today. We are really looking forward to seeing you here in your child's classroom at the following times.

Please ensure that you sign in at our gates using the QR code provided. Ensure that you sanitise your hands upon entry and adhere to social distancing measures. Do not attend if you are unwell.

We will be holding these information sessions (not parent/ teacher interviews) this afternoon. The following timetable will apply:

- 3.30 - 4.00pm:** K White and K/1 Orange
- 4.00 - 4.30pm:** 1/2 Teal and 1/2 Yellow
- 4.30 - 5.00pm:** 3/4 Blue and 4/5 Indigo
- 5.00 - 5.30pm:** 5/6 Violet and 5/6 Maroon

Please note that Miss Reid's **2/3 Green** will hold their afternoon following Miss Reid's return later in the term. An outline of 2/3 Green routines and expectations will be sent home in the next couple of weeks.

We hope to see you here for this opportunity to ask about your child's classroom routines, expectations and learning programs.

Just a reminder that these times are not for individual interviews. If you would like an interview with your child's teacher, please contact our office to organise a suitable time.

OUR NEW P&C COMMITTEE

Congratulations to our new P&C committee that were elected at last night's AGM.

President: Shane Hearps

Vice President: Roz McLagan

Treasurer: Courtney Liang

Secretary: Jo Stone

I would like to take this opportunity to thank our wonderful outgoing office bearers Kim Craw and Cydoni McGuiggan who have given freely and generously of their time over the last few years with Roz McLagan as our President. They have organised many events for our students and our community and have been instrumental in subsidising many fabulous purchases and excursions for our students. They are leaving our P&C in a very healthy financial position. Thank you team!

PARENTS / CARERS / VOLUNTEERS SIGNING IN

This is just a reminder that all adults need to sign in using the QR code located on all of our gates when they enter our school grounds. This includes Kindergarten to Year 2 parents and carers who are dropping their children to classrooms in the mornings and visitors to the office.

Parents and carers who have appointments with teachers or volunteers who are working in classrooms and the canteen need to also sign in and sign out at our office.

PICK UP AND DROP OFF TIMES

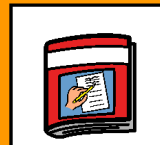
In the interests and safety of everyone, please refrain from bringing your **dogs** to our school gates at pick up and drop off times. These times are very busy and highly populated.



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THE LATEST ADVICE TO PARENTS AND FAMILIES REGARDING COVID-19 GUIDELINES

Following is a link that may be useful for you if you have any questions regarding current guidelines:

<https://education.nsw.gov.au/covid-19/advice-for-families#School4>

When students or staff are experiencing any symptoms of COVID-19 and are unwell, they need to stay at home. For anyone displaying COVID 19 symptoms, a COVID test is necessary. They can only return to school when we have received proof of a negative test result and they are symptom free.

UNIFORM

Our uniform has been determined by the school parent community. We encourage all of our students to wear our uniform to promote a sense of belonging, pride and school identity. Our uniforms are available from our uniform shop in the canteen from 8.45am until midday from Wednesday to Friday each week. Online orders can be made by visiting <https://schoolshoponline.net.au/>

Our uniform is:

- Navy shorts or skorts
- Navy and sky blue shirt with school logo
- School bucket hat with school logo

In cooler times:

- Navy school jacket with sky blue sleeves and school logo
- Navy tights or navy track pants

Shoes need to be covered in, preferably black and/ or jogger style. Socks should be preferably white or navy.

Tights and track pants need to be NAVY. Black and other coloured tights are not considered uniform. Our shorts are no longer grey and our skorts are no longer tartan.

If you are experiencing difficulty in paying or purchasing uniforms, please contact me to discuss a plan.

PARENTING IDEAS

This week's Parenting Ideas article is called 'Helping your child become the best student they can be. 'Seven ways to be a positive influence on children and young people'. The article focuses on education and learning.

Take care
Jane Martyn



DISTRICT SWIMMING QUALIFIERS

The following results at the district carnival qualified the swimmers below to compete at the Mid North Coast swimming carnival tomorrow.

Lucy Rodgers: 1st senior girls backstroke, 2nd 12yrs 50m freestyle, 2nd senior girls butterfly, 4th open girls 100m freestyle, 4th senior girls breaststroke, 4th senior girls IM.

Cooper Lamb: 2nd senior boys breaststroke, 2nd senior boys backstroke, 4th 12y boys 50m freestyle, senior boys relay (through on times)

Harper Tutt: 1st 10yr boys freestyle, 3rd junior boys backstroke

Lyla Fitzgibbon: 3rd junior girls breaststroke, 4th junior girls butterfly

Sophie White: 2nd girls 9yr freestyle, 3rd junior girls butterfly

Elise Pagulayan-McCabe: 3rd 9yr freestyle

Sebby Tate: 4th 11yrs boys backstroke, senior boys relay (through on times)

Asher Heward: Senior boys IM, senior boys relay (through on times)

Levi Hennessey-Skinner: Senior boys relay (through on times)



YEAR 6 SHIRTS

On Monday, notes were sent home with all Year 6 students about ordering "Class of 2021" shirts. The main colours will be dark navy and sky blue. The shirt will feature all the Year 6 students names on the back. These will be a great keepsake and reminder of a fantastic final year at Urunga Public School. The shirts will be able to be worn as part of the school uniform. If Year 6 students would like to make an order, please return the note and payment by Wednesday 10th March.

Mr Ticli and Miss Pyke



YR 6 MOVING INTO YR 7 IN 2022

Expression Of Interest Forms for Year 7 in 2022 were sent home yesterday with each Year 6 student. Could parents please read and fill out these forms to nominate their preferred high school for next year. These forms are due back **before** Friday 12th March.

Mr Ticli and Miss Pyke

VOLUNTARY SCHOOL CONTRIBUTIONS

A note regarding voluntary school contributions will be sent home this week with students. These funds supplement the school budget and enable the school to supply additional and ongoing items throughout the year which benefit your child's education.

If you wish, you may pay these contributions in instalments throughout the year. You may pay by cash at the front office or by credit card or debit card via our "Parent Online Payment" system which is accessed through our school website.

Please visit www.urunga-p.schools.nsw.edu.au and click on the "Make A Payment" button. Fill in the details and tick "Voluntary School Contributions". Please ensure you make **separate payments for each of your children**.

ACTIVE AND CREATIVE KIDS VOUCHERS

Active Kids and Creative Kids are programs designed to encourage more children to participate in sport, active recreation and creative and cultural activities. Each year, parents, guardians and carers can receive two \$100 Active Kids vouchers (one per semester) to go towards physical activities for school aged children and one \$100 Creative Kids voucher. That's \$300 worth of savings per year for each child.

A Creative Kids voucher will help parents to cover some of the registration, participation and tuition costs on activities such as singing, drama, coding, languages, music, writing, drawing and photography.

The Active Kids vouchers can be used on sports, fitness and physical activities for registration, participation and membership costs. The vouchers can be used once with an approved provider. To find out more, parents need to visit:



<https://www.service.nsw.gov.au/>

BUS SAFETY WEEK

Bus Safety Week reminds all road users to 'Be Bus Aware'

Our school bus operator Busways is reminding all road users, parents, and students to 'be bus aware' as part of Transport for NSW's Bus Safety Week campaign, running Feb 22 - 28.

Bus Safety Week, part of the 'Be Bus Aware' campaign, sees Governments, bus operators, and emergency services raise awareness about the importance of being safe in and around buses and spread the message to 'Be Bus Aware'.

The initiative provides a timely reminder to parents to have a talk with their children about bus safety; to motorists when giving way to buses; to pedestrians to make sure they are alert of their surroundings; and to cyclists to ensure they can see where buses are. We all have a part to play in bus safety.

The 'Be Bus Aware' campaign has been developed with input from Bus NSW, NSW Police and Transport for NSW.

For more information on bus safety or to learn about Transport for NSW's 'Be Bus Aware' campaign, visit <https://roadsafety.transport.nsw.gov.au/campaigns/be-bus-aware/> or visit the Busways website www.busways.com.au.

4/5 INDIGO ARTWORK

4/5 Indigo created some beautiful and very colourful artworks inspired by Peter Cromer, a well known Australian graphic designer. They used chalk pastels and really enjoyed being free to create their own individual masterpieces!

This is a part of our CAPA unit based on "Living Things".



MAKE ONLINE PAYMENTS

It is possible for parents to make online payments to the school for amounts owing for students, via a secure payment page hosted by Westpac. Payments can be made using either a Visa or MasterCard credit or debit card, and can be made via computer, tablet or mobile phone. The payment page is accessed from the front page of the school's website by selecting [\\$ Make a payment](#).

Items that can be paid include voluntary school contributions, subject contributions, excursions etc. There is also a category called 'Other' to cover items not covered in the previous headings, 'Other' can be used to make a complete payment of a school Statement of Account.

When you access the [\\$ Make a payment](#) you must enter:

- the students name
- class
- date of birth

These details are entered each time you make a payment as student information is not held within the payment system.

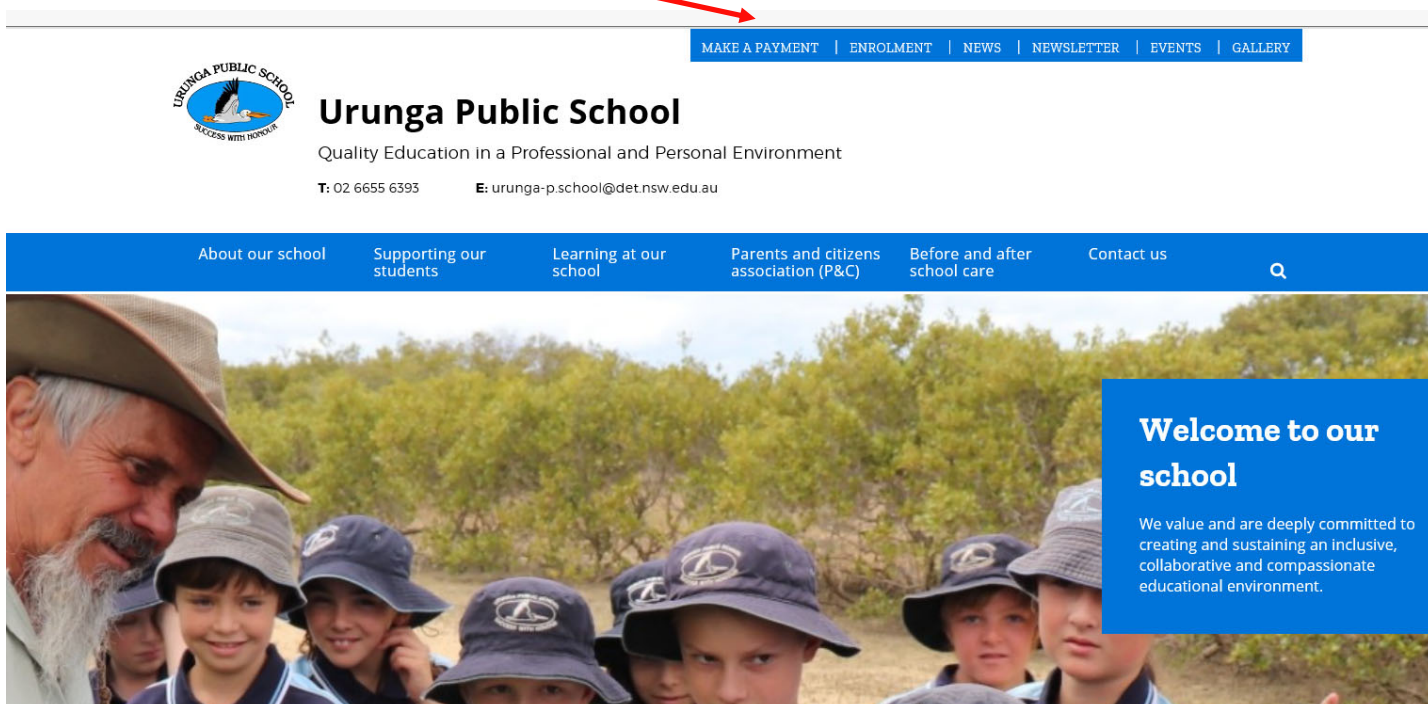
This is a secure payment system hosted by Westpac to ensure that your credit/debit card details are captured in a secure manner, these details are not passed back to the school.

You have the ability to check and change any details of the payment before the payment is processed. Receipts can be emailed and/or printed.

Details of the payments are passed daily to the school where they will be receipted against your child's account. As a receipt has been issued from the payment page a further receipt will not be issued by the school.

For any enquiries regarding the online payment process please contact the School Office.

The [\\$ Make a Payment](#) button can be located as shown below.



The screenshot shows the top section of the Urunga Public School website. A red arrow points from the text 'The \$ Make a Payment button can be located as shown below.' to the 'MAKE A PAYMENT' link in the top navigation bar. The navigation bar is blue with white text for 'MAKE A PAYMENT', 'ENROLMENT', 'NEWS', 'NEWSLETTER', 'EVENTS', and 'GALLERY'. Below the navigation bar is the school's logo, which features a circular emblem with a kangaroo and the text 'URUNGA PUBLIC SCHOOL' and 'SUCCESS WITH HONOUR'. To the right of the logo is the school's name 'Urunga Public School' in a large, bold, black font, followed by the tagline 'Quality Education in a Professional and Personal Environment' in a smaller font. Below the tagline are the contact details: 'T: 02 6655 6393' and 'E: urunga-p.school@det.nsw.edu.au'. At the bottom of the screenshot is a large banner image showing a group of children in school uniforms and hats, with an older man (likely a teacher or staff member) smiling on the left. Overlaid on the right side of the banner is a blue box with the text 'Welcome to our school' in white, followed by a paragraph: 'We value and are deeply committed to creating and sustaining an inclusive, collaborative and compassionate educational environment.'



***Tell Them From Me* student survey:**

Information for parents and consent form for parents and carers

Dear Parents and Carers

This term, our school is taking part in the *Tell Them From Me* student survey. The survey will provide us with valuable feedback on what our students think about school life, how engaged they are with school and the different ways that teachers interact with them. Schools in Australia and around the world have used the *Tell Them From Me* survey to help them improve. The survey is completed online and is run by an independent research company, **The Learning Bar** which specialises in school-based surveys.

Staff in schools will **not** be able to identify individual students from their responses. To ensure confidentiality, participating students will receive a unique username and password. Where fewer than five students respond to a question, the results will be suppressed. The survey typically takes 30 minutes or less to complete and will be administered by the school during normal school hours. Once the surveys are completed by students, reports are prepared and in most cases are available to schools within three business days.

As well as schools getting student feedback, the Department of Education, through the Centre for Education Statistics and Evaluation (CESE), has access to data from across NSW and is running a research project to look at state-wide patterns of student wellbeing, engagement and effective teaching practices. The research is looking at how these things impact on student outcomes, including academic performance. Individual students will not be identified in any CESE publications, and all information will be handled in accordance with the relevant privacy legislation. Students' personal information will **not** be disclosed by the department to any other person or body other than as required by law.

This research will help schools in New South Wales to better understand how to improve student wellbeing and engagement. It will also help teachers and principals discuss what works to improve student outcomes.

Participating in the survey is entirely voluntary. Your child will not take part if either you or your child do not wish. If, during the survey, your child is uncomfortable, he/she can choose to stop the survey at any time. The majority of questions in the survey can be skipped.

If you **do not want your child to take part** in the survey, please complete the attached form and return it to the school by Monday 8th April.

More information about the survey and the research is available in English at education.nsw.gov.au/ttfm

Jane Martyn
Principal
Urunga Public School

English

***Tell Them From Me* Student Feedback Survey non-consent form**

If you **do not want** your child to participate in the student feedback survey, please sign this form and return it to the school by

I DO NOT give consent for my child/children to participate in the ***Tell Them From Me* student feedback survey.**

Name of student 1

Roll class of student 1

Name of student 2

Roll class of student 2

Name of student 3

Roll class of student 3

Name of student 4

Roll class of student 4

Name of parent/carer

Signature of parent/carer

Date

English

WHAT'S DUE

- Soccer Gala Day note and \$8 payment due Friday 26th February
- Yr 6 "Class of 2021" shirt order and payment due by Wednesday 10th March
- Yr 6 Leadership Day full payment due by Friday 12th March
- Yr 6 to Yr 7 in 2021 Expression of Interest forms due by Friday 12th March

BE BUS AWARE

Wait until the bus has gone then use a safe place to cross



BeBusAware.com.au

BE BUS AWARE

Hold on and stay alert



BeBusAware.com.au

Crunch&Sip®

What foods can I pack for Crunch&Sip®?

The Crunch&Sip® break is a time to introduce children to raw vegetables and fruit and encourage the water drinking habit. Fresh vegetables and fruit are the best choice. Please only send foods with a tick:

✓ Allowed

Vegetables

- ✓ All fresh vegetables (eg celery, carrot sticks, broccoli bits etc.)

Fruit

- ✓ All fresh fruit (eg whole fruits, chopped melon etc.)
- ✓ Fruit canned in water, juice or 'no added sugar' (eg peach slices)
- ✓ Dried fruit - please limit as it contains concentrated sugar and tends to cling to teeth, increasing risk of tooth decay

Water

- ✓ Only plain water

✗ Not Allowed

Drinks

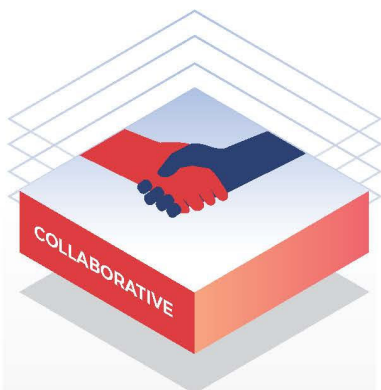
- ✗ Any drinks other than plain water including fruit or vegetable juice, fruit juice drink, fruit cordial, mineral waters, carbonated water

All other foods not permitted include:

- ✗ Dips, including those that are vegetable based
- ✗ 'Fruit' products (eg fruit leather, fruit roll-ups, fruit bars or similar)
- ✗ Fruit jams, jellies, pies and cakes
- ✗ Fruit canned in syrup or jelly or with artificial sweeteners
- ✗ Canned or processed vegetables
- ✗ Vegetable or potato crisps, hot potato chips
- ✗ Vegetable pastries (pies, pasties, sausage rolls)
- ✗ Vegetable cakes, fritters, quiches, breads or similar
- ✗ Popcorn

School Community Charter

 **Collaborative. Respectful. Communication.**



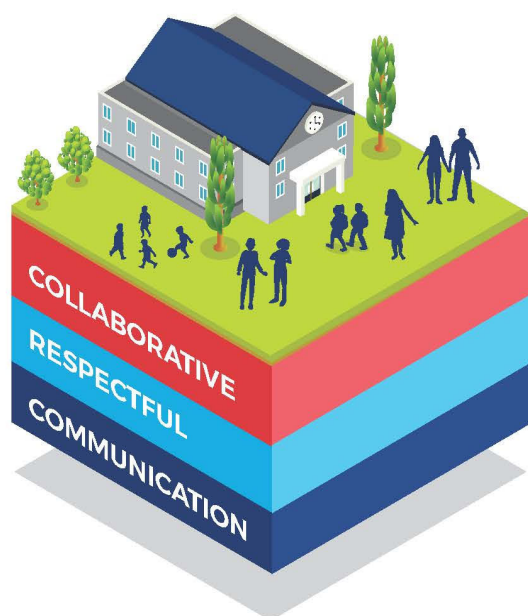
We work in partnership to promote student learning.



We treat each other with respect and fairness.



We communicate in a positive and constructive manner.



Respectful communication is a right

In all workplaces people have the right to feel safe and respected. Unacceptable and offensive behaviour has no place in our school communities.

Unacceptable behaviour:

- Aggressive or intimidating actions, such as violence, threatening gestures or physical proximity.
- Aggressive or intimidating language, including the use of obscenities, making sexist, racist or derogatory comments or using a rude tone.
- Treating members of the school community differently due to aspects such as their religion or disability.
- Inappropriate and time wasting communication.

We all play a part



School Community Charter

education.nsw.gov.au

INSIGHTS

Seven ways to be a positive influence on children and young people



Parents and teachers influence children most during their first twelve years of life. We have less influence over teens as they become increasingly independent and look to their peers for guidance and approval.

The following strategies will help ensure that you have a positive influence on children at any age.

1. Be available

Nothing says “You matter” more than a busy parent giving a child undivided attention. Research has established that children whose parents are emotionally present for their kids have better social, academic, and wellbeing outcomes than those whose parents aren’t available.

2. Be warm

Sometimes we can forget that our children are people too – particularly when they’re irritable, tired and obnoxious. By responding to kids warmly (even when you don’t feel like it), you show that you value them as people. A gentle touch, a smile, or soft words bring warmth to a relationship, and increase the likelihood that you’ll be listened to and be a positive influence on their lives.

3. Listen, but don’t fix

Parents can fix sore knees, broken hearts, messy friendships, and even some difficult homework projects. But kids generally don’t need adults to fix them. They just want us to ‘get’ what they’re going through. When you see the world through their eyes, you are more understanding – and more likely to be listened to when they need us.

4. Set limits

Nothing says “I love you” more than a firm and clear “No!” from mum or dad.

“No, you can’t say that to your sister. How can you make things right?”

“No, it’s not ok for you to stay out until midnight. You’re 14.”

“No, I don’t feel right about you having your smartphone/tablet/laptop in your bedroom. Ever!”

Children and young people will often argue with you, but setting limits means that you are having a positive influence on your children. The trick is to not become too authoritarian or you’ll simply drive unwanted behaviour underground.

parenting*ideas

5. Play

Playing games and laughing together binds us close to our kids. Through play you build a relationship of trust with that facilitates our ongoing positive influence.

6. Be grateful

Grateful people are happier, healthier, have better relationships, sleep better, have more income, are less materialistic, achieve better academic outcomes and are more energetic. By being grateful you'll be a positive influence in the lives of your children. Say thanks often – and mean it.

7. Love them and show it every day

We're always correcting our kids or telling them what to do. Pick this up, put that away, get off the computer, pack your bag, tidy up your room, and so on... and that's before 7.30 in the morning! Our ratio of negative to positive statements can often be the wrong way round. So find opportunities to tell your kids such things as:

- "You really make a positive difference around here."
- "I am amazed at the exceptional effort you make at..."
- "I love you – no matter what."

Your time with kids is short. By setting a positive example, you can be a positive and lasting influence in your children's lives.



Dr Justin Coulson

Dr Justin Coulson helps families be happier. His Goalcast and TEDx positive parenting videos have been viewed by more than 100 million people. He is the author of 6 books about creating flourishing families and raising resilient children. Justin and his wife, Kylie, are the parents of 6 daughters. Find the Dr Justin Coulson's Happy Families podcast on Apple Podcasts and Spotify. For further details visit www.happyfamilies.com.au

COMMUNITY INFORMATION



URUNGA HOCKEY CLUB



SEEKING PLAYERS
JUNIORS 4-16 YRS
SENIORS of all levels

All games played at the
Hockey Complex, Coffs.

Juniors- Saturday mornings.

Seniors- weekend draw

Training on turf Tuesdays or
Urunga Thursdays (either/or)

Contact: Rhonda 0457271071

Kristy 0428520390

urungahockey@gmail.com

ACTIVE KIDS VOUCHERS WELCOME

**Free Come &
Try**

Hockey Complex
Stadium Drive Coffs
Saturday 27th March
2pm -4pm
Equipment supplied
Free sausage sizzle

COMMUNITY INFORMATION



As our beautiful summer comes to an end, it can mean only one thing ... Soccer Rego time! That's it – the season begins mid-April but the time to register is NOW.

And the Urunga Raiders want you!

In 2020 we had over 75 kids between the ages of 5 and 11 be part of the club, many of whom hadn't played before. And in a COVID disrupted year we still managed to get through the season whilst having loads of fun!

Training is once per week at the Morgo Street fields and games are played each Saturday at various venues around the coast (but not too far to travel!). All our kids contribute to making the club a success at every level, so if your child is looking for a fun, social sport or to play some quality football, we'd love to have them at the club!



Registration can be done on the [PlayFootball.com.au](https://www.playfootball.com.au) website – click on “Find a Place to Play”; select your Age bracket; then search for Urunga.

MiniRoos (Age 5-7)	\$113
Juniors (Age 8-11)	\$134
Junior Youths (Age 12-17)	\$204

Don't forget to use your Active Kids Voucher!

Get registering or contact registrar@urungafootball.com if you have any questions.



FRIENDS, FUN, FITNESS AND PHYSIE

Looking for a fun sport for girls and women of all ages as well as making new friends and keeping fit?

Enrol at Urunga Physie Classes – Dance with a Difference

Contact Sue 0421934525 and Nikki 041303886

URUNGA PHYSICAL CULTURE CLUB



EPphysie

epphysie.com



Class Times:

5-6YRS: 4:15-4:45

7-8YRS: 4:30-5:15

9-12YRS: 5:15-6:00

13-16YRS: 6:00-6:45

LADIES: 7:00-8:00

Depending on class numbers, times may change slightly in coming weeks

CLASSES: START MONDAY 15TH FEBRUARY 2021

**LOCATION: SENIOR CITIZEN HALL,
BOWRA STREET, URUNGA
(BEHIND FISH AND CHIP SHOP)**

Contact:

Nikki: 0413 038 860

Sue: 0421 934 525

PIC•COLLAGE

Bellingen Bulldogs AFL Club Registration Day



Registrations are now open for the 2021 AFL season. Don't forget to sign up and join the Bellingen Bulldogs for another great year at play.afl

Registration Day @ Connell Park
27th February 9-11am, come along and have a kick of the footy

Look forward to seeing you all there, bring a friend.

Go Doggies!!



Bellingin Football Club is open for registrations for the 2021 season. All years Kindy to Year 12, Opens/all-age, and over 35s.

Teams fill up fast and training will begin in early March.

If you are intending to register now is the time!

Register at <https://www.playfootball.com/register>

For more info see Bellingin Football Club on Facebook (@bellinginfc) or webpage bellinginfc.com.au

Active kids vouchers accepted (enter as a voucher code on the sign up payment page).

Bellingin Netball



New players welcome

Come and try netball!
Registration & Clinics Saturday
13th, 20th & 27th March
Jrs 5-8yrs, intermediate 8-12yr,
high school/ladies

bellingennetball@gmail.com
Bellingin Netball Club Facebook page PIC•COLLAGE

COMMUNITY INFORMATION



BELLINGEN DORRIGO JUNIOR



RUGBY LEAGUE

2021 Registrations are now open

Register today at <https://profile.mysideline.com.au/register>

Registration Cost: U6's – U13's & Girls Leagues \$120

U16's \$150

No experience required, No weekly fees.

Active kids Voucher is accepted upon registering

www.service.nsw.gov.au/transaction/apply-active-kids-voucher

All registered players receive a club shirt, shorts, socks, & drink bottle.

Training Times Commencing Tuesday March 2nd

- U6s-U9s – Wednesdays 4pm-5pm @ connell park
- U10s-U13s – Tuesdays & Thursdays 4pm-5pm @ connell Park
- Girls Leagues 13+ – Tuesdays & Thursdays 5pm-6pm @ Connell Park
- U16s – Mondays & Thursdays 5pm-6.30pm @ Connell park

For more information please see our Facebook page Bellingen Dorrigo Junior Rugby League or email us at belligo@live.com.au



Creative Kids Play the Ukulele

Redeem your Creative Kids Voucher and give your child the gift of music

www.ukoono.com.au/creative-kids/

Online Courses

Can do in own time

Video lessons

Fun and easy



This project is supported through the NSW Govt through Create NSW



Beaches Netball Club

2021 Registration

REGISTER ONLINE NOW!

Ages Net : 5-6 Years \$80

Set / Go: 7-10 Years \$120

<https://netsetgo.sportsvault.com/common/pages/reg/welcome.aspx?mode=0&sslredirect=1&id=92831&entityid=69017>

Junior: 11-14 Years \$140

<https://netball.resultsvault.com/common/pages/reg/welcome.aspx?fl=0&type=0&prodid&id=32162&entityid=69017>

15+ Register direct with Nambucca Valley Neball

We accept ACTIVE KIDS Vouchers !!

Our Club plays as part of the Nambucca Valley Netball Saturday Competition at Macksville.

All Enquiries Email:

Beachesnetball@gmail.com

BEACHES NETBALL CLUB on Facebook

VALLEY BRAVES BASKETBALL

DOMESTIC COMPETITION

MACKSVILLE HIGH SCHOOL
40 BOUNDARY STREET,
MACKSVILLE NSW 2447

TEAMS WILL BE DRAFTED ON THE DAY FOR AN ENJOYABLE AND EVENLY-MATCHED COMPETITION

COMPETITION DATES:

FEBRUARY 21ST	MARCH 7TH	APRIL 18TH
MAY 23RD	JUNE 27TH	JULY 25TH

COMPETITION FEE: \$5 PER PLAYER / PER WEEK

UNDER 12'S & UNDER 14'S - 10AM - 11AM
2008, 2009, 2010 & 2011

UNDER 16'S & UNDER 18'S - 11AM - 1PM
2004, 2005, 2006 & 2007

OPEN TO ANYONE WHO WISHES TO PARTICIPATE, YOU DO NOT HAVE TO BE AN ACTIVE BRAVES REPRESENTATIVE TEAM MEMBER, HOWEVER ALL PLAYERS REQUIRE A BASKETBALL NSW REGISTRATION

BNSW REGISTRATION:
www.bellingervallebasketball.sportingpulse.net

FOR FURTHER INFORMATION
CALL SHANE 0437 883 033

Weekend Art & Cartoon Workshops

to.

Note: Children can bring their scooters on Saturday if they want to.

-

- **Pokémon:**™ Draw popular characters & trade your cards. Bring your Pokémon cards.

safe battle. We will be making cubby houses in the hall.

- **Greatest Showman™ Talent Show:** Perform if you want to - singing, dancing,

COMMUNITY INFORMATION

VOLUNTEERS NEEDED

DO YOU HAVE A FEW HOURS TO SPARE?

Do you enjoy meeting people?

Come & see us at

St Barnabas Anglican Op shop Is looking for volunteers.

**OPENING HOURS ARE: Tues, Wed, Fri (9.00am – 100pm)
& Sat Morning (9.00am -12 noon)**

**If interested, please come into the shop for a volunteer form or
please contact Leonie on 6655 5342**



URUNGA FOOD PANTRY

**NEXT TO THE LAUNDROMAT IN
CARDOWS ARCADE**

**Open to anyone with a
pensioner or healthcare card as
well as those experiencing
financial stress**

OPEN IN URUNGA

Thursday: 10.00am - 12.00pm

Friday: 9.30am - 1.30pm



**LOW COST
groceries**

**FREE
bread
fruit & veg**

with \$10 food purchases

lifehousecare.org.au/pantry



**BELLINGEN FOOD PANTRY IS
ALSO OPEN**

Tues 10-12 and Fri 10-12