URUNGA PUBLIC SCHOOL

BONVILLE STREET PO BOX 21 URUNGA NSW 2455

EMAIL: WEBSITE: TFI: urunga-p.school@det.nsw.edu.au www.urunga-p.schools.nsw.edu.au

02 6655 6393



On the traditional lands of the Gumbaynggirr people

NEWSLETTER NO. 27 TERM 3 WEEK 8 WEDNESDAY 9th SEPTEMBER, 2020

IMPORTANT DATES				
Fri 11th Sept	Gymnastics program			
Thurs 17th Sept	Stage 2 Cascade Incursion - Renewable Energy. Cascade comes to us!			
Fri 18th Sept	Gymnastics program			
Thurs 24th Sept	Years 3 - 6 Sports Tabloid Day			

ANTARCTICA

Have you ever wondered about Antarctica? How cold does it get? Which animals live there? What kind of plant life can survive such an extreme climate? Stage 3 students have been researching all these questions as well as many more aspects of Antarctica. They have been really enjoying this unit of work and have been designing their own websites filled with fabulous information, pictures and fun facts. Students have also created some wonderful artworks that are displayed around both the 5/6 Maroon and 5/6 Violet rooms. Some fun facts about Antarctica:

- If you hold a fish out of water for longer than five seconds it will freeze automatically!
- There is very little rainfall each year. It is classified as a desert.
- Around 90% of ice in the world is found in Antarctica.
- On average the ice is 1.9km deep!



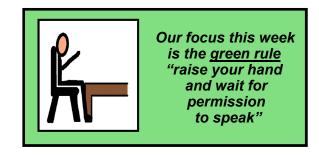








NEWS FROM OUR PRINCIPAL MRS JANE MARTYN



eSAFETY COMMISSIONER SESSION: BE AN eSAFE KID: PRIVACY AND SECURITY

Our Stage 3 students will be participating in a presentation developed and presented by Aurora College during this week. The session is aimed at supporting students with being healthy and safe online. They will:

- explore what privacy and personal information means
- understanding what an online 'stranger' can be
- develop strategies and skills to secure accounts
- Learn where to go for help and support

SPORTING SCHOOLS - AFTER SCHOOL SPORT

Our after school touch football sessions through Sporting Schools are going well and have proven to be quite popular. Thanks to Mr Hurley and to Miss Kyle for organising and supervising this great opportunity for our students!

COMMUNITY FEEDBACK SURVEY

Leading up to the development of our School Excellence Improvement Plan for we have emailed out a survey inviting your very valuable feedback and suggestions for consideration during our planning phase. We would really appreciate it if you could complete our short survey by Wednesday 16th September. We will also be surveying our students and staff.

TELL THEM FROM ME SURVEYS

We have registered to participate in the Tell Them From Me survey again this year. Our students from Years 4 to 6 are invited to complete the survey twice during the year.

We also ask that all parents from Kindergarten to Year 6 complete the survey also. It is called the Partners in Learning. The anonymous information gathered by us from these surveys helps us to clarify and strengthen the important relationship between parent and school. Our wonderful team of teachers also complete the survey each year.

A link for the anonymous parent Partners in Learning survey will be sent via SMS to you this week. Please let us know if you don't receive a link to complete the survey. The survey window closes on Friday 23rd October.

UPDATED GUIDELINES FOR OPERATIONS DURING COVID-19

Guidelines for schools were updated last week. Following is a list of changes in guidelines as they will impact on us at Urunga Public School until further notice:

School attendance:

Students should be at school unless:

- they have a medical certificate which states that they are unable to return to school due to an ongoing medical condition and the expected timeframe
- they are currently unwell.

In accordance with advice from NSW Health, parents and carers are reminded **NOT** to send children to school if they are unwell, even if they have the mildest flu-like symptoms. Schools will make arrangements for students who present as unwell or have flu like symptoms to be sent home.

NSW Health have requested that schools encourage anyone who is unwell or has even mild flu-like symptoms, to arrange to be tested through their local medical practitioner or one of the COVID-19 clinics.

Students and staff with flu like symptoms will need to provide a copy of a negative COVID-19 test result before being permitted to return to school.

Schools are not required to conduct widespread temperature screening or mandate the wearing of a mask.

All schools will be vigilant when implementing infection control, physical distancing and personal hygiene protocols to protect the health and safety of students and staff. Schools will promote the need to follow good hygiene practices such as:

- regularly washing hands
- > avoiding sharing drinks or food
- > coughing or sneezing into your elbow, or a tissue which should be discarded immediately
- > filling water bottles from bubblers rather than using the bubbler directly.

PARENTING IDEAS ARTICLE

This week's article is titled 'Helping your child avoid being cyberbullied'. This is an article that focuses on supporting parents and children with positive technology experiences.

KINDERGARTEN 2021

Our Kindergarten 2021 enrolment process has commenced. If you have a child that will be starting school next year, please contact our office for further details.

Take care
Jane Martyn
Principal



COVID-19 Testing Clinics

As at 18th August 2020

Bellingen

Register first by phoning Three Rivers Health 02 6655 0663

Drive Through Testing clinic - Watson Street, Bellingen.

Open 1—2pm, Monday-Friday.

Coffs Harbour

Testing Clinic at the Health Campus in a white marquee near the Emergency Department.

Open 8am—5pm, 7 days.

Children under 5yrs must present to the Emergency Department.

Nambucca Heads

Pre appointments via the Primary Health Network 65688688



NEWS FROM OUR COMMUNITY LIAISON OFFICER JENNY LUXON

SPOTLIGHT ON 3/4 BLUE

Classroom Teacher: Mrs Paxton

Number of Students: 28

In Term 3 we have welcomed two new students - Cecil and Ricky - and farewelled McKenzi.

We have really enjoyed learning how to work with clay and made firstly a monster and secondly a coiled pot. Next step is to glaze them in the new colours we have.

Our favourite subject at present is History. Here we've been looking at how families and communities changed over time. We are currently watching "Back in Time for Dinner", "My Place" and "Are you tougher than your Ancestors". We've watched and taken notes and are looking forward to an end of term quiz competition.

Bring on gymnastics! We love it and every class member is participating.

If you need to know more about cockroaches - just ask us as we've been writing information reports about them!

We also speak well! The class put in an excellent effort in the Public Speaking.

WELL DONE 3/4 BLUE!



SCHOOL PHOTOS

School photos were handed out last week to everyone who made orders. We have also received the group photos that were taken of our School Captains, School Leaders, SRC, House Captains and Vice Captains, Year 6 and the Year 6 Fun photo.

These group photos can be viewed and ordered online at www.theschoolphotographer.com.au using the online ordering code below:

20S6071VT39U

The group photo prices are: \$18 each, 2 for \$34, 3 for \$46, 4 for \$58 or 5 for \$70.

The photos will be available to view and purchase ONLINE ONLY.

LIBRARY NEWS

Thank you to Miss de With for looking after the library while I was away. A new Book Club catalogue was distributed last week. If you would like to order, please return your order forms by this Friday **September 11th.** Orders can be done through the Book Club LOOP online ordering system or by filling in the order sheet and returning it with the correct money to your child's classroom teacher.

There are a few students with **overdue library books**. Could you please take a minute to find any overdue books and send them into school. Thank you!

Mrs Jensen



FORTNIGHTLY CLASS AWARDS

Before we headed off to class on Monday morning to start a new week, Mrs Martyn was very proud to congratulate two fabulous readers who achieved their 1000 minute reading club awards. Well done Chloe Penfold and Otis Hmelnitsky. After some announcements from other teachers, Mrs Wickham and Mr Patterson handed out the fortnightly class awards. Well done to all the recipients.





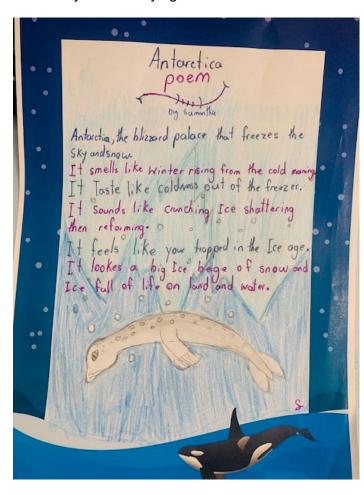
YEAR 6

Last Friday Year 6 students took part in our first VALID program. The program provides online end of stage assessment in the key learning area of Science.



ANTARCTICA cont...

Below is a great poem written by Samantha Kennedy while studying the unit on Antarctica.



SCHOOL ASSEMBLY AWARDS TERM 3 WEEK 6

K RED	3/4 BLUE
Mina Solomon	Zayne Farrell
River Dawson	Charlie Phillips
Tayla Sheridan	Myles Duncan
Sorren Smith	Kayla Swain
K WHITE	4 RUBY
Savannah Laird	Emma Marziano
Harriet Rampling	Georgia Atkins
Paige Garrad	Maximilian Boaz
1/2 TEAL	Arabella Porter
Zak Simpson	5/6 MAROON
Ciara Tate	Abbi Sheridan
Laylah Moore	Liam McCann
	Bayley Cavanagh-Rose
1/2 YELLOW	Claire Young
Nate Fitzgibbon	5/6 VIOLET
Jai Doughty	Tahlia George
Harriet Ross	Sienna Young
Isabella Burgess	Jackson Briggs
2/3 GREEN	Tegan Stone
Milly Forbes	
Harley Aitken	MR SERCOMBE
Elise Pagulayan-McCabe	Abby Marziano
Audrey Rampling	Paige Garrad

parenting *ideas

INSIGHTS

Helping your child avoid being cyberbullied



Cyberbullying of children and teenagers is one of the greatest fears facing parents today. The thought of their child being subjected to heinous words, threats to their physical safety, as well as their social and emotional wellbeing, is something no parent wants their child to experience.

Most of the bullying behaviours we now see are happening from behind a keyboard, playing out in social media feeds and gaming chat rooms. It is little wonder parents feel overwhelmed and out of their depth, especially when for most, online is an environment that is relatively unfamiliar.

So what can we do to help our kids avoid these types of behaviours, as well as give them the skills to deal with cyberbullying behaviours should they be exposed?

Remind them of all of the things they have control over

While it may not feel like it, we have a lot of control over what happens online. We can determine who we talk to, what we ignore, what we share, how we comment, who we follow, who we block or hide from our feeds. All of that, helps us determine who is allowed to play a role in our online experiences and ultimately what behaviours we accept on our feeds

Give your child time away from the screens

Everyone needs a break from screens. We want to encourage regular times when a child doesn't need to be tethered to their device. Building a wider community away from the screens helps a child or teen build their sense of self worth. Keeping devices away from the dinner table also gives them a break from being socially switched on and allows the to connect with family without a device. Removing devices at night helps their active brains to switch off, and prepare for sleep.

Role play possible responses

Discuss with your child whether whether they should respond to bullying or nasty online comments, If they do, then consider how they could respond. Consider the statements or types of people they ignore, block or report.

Regularly check the privacy settings

Every app, game and social network has a settings button that enables you to determine how positive an experience your child can have on that platform and how much control they have. Visit these settings regularly to look at the options available

While nothing is guaranteed particularly when it comes to the online world, we can certainly be taking steps to help our kids. We can give them skills, encourage positive behaviours and thinking that allow them to minimise their exposure to the bullying behaviours of others.

parenting *ideas

If your child is being cyberbullied you can also access the reporting tool at esafety.gov.au



Martine Oglethorpe

Martine is a parent educator and a youth and family counsellor who speaks, writes and consults on the challenges faced by families in the modern world. Martine has a Masters in Counselling and a background in secondary education. Through her personal and professional work with families raising children, she recognises the important role technology plays in the social and emotional wellbeing of young people. Martine is an accredited speaker with the Office of the eSafety Commissioner.

Provided as a part of our school's Parenting Ideas membership

parentingideas.com.au

St Barnabas Op Shop is open on the following days:

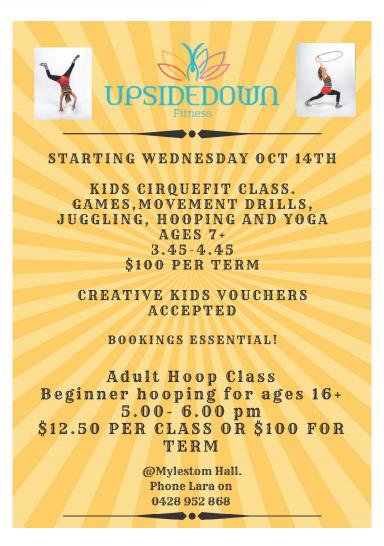
TUESDAY: 9.00am - 1.00pm WEDNESDAY 9.00am - 1.00pm SATURDAY: 9.00am - 12 noon

Warm winter woollies available



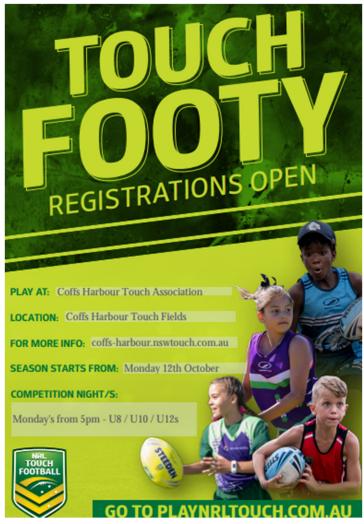






COMMUNITY INFORMATION







BELLINGEN SWIMMING CLUB

Want to get the kids into swimming this summer?

Swim Club is a great way for kids to improve their swimming and have fun at the same time. Suitable for kids from 5 years and up.

Practice race starts, develop confidence in difference strokes ready for the school swimming carnival and improve fitness in a relaxed, friendly environment.

Starts 16th October at 6pm, at the Bellingen Swimming Pool.

Come along for a free trial to find out more.

Children need to be accompanied by an adult. Active Kids Vouchers accepted

Contact: Jo Hodgson 0419 442 089



Nambucca Heads Cricket Club Registration Day

We are holding a registration day for our cricket club on Sunday the 27th of September from 11am at Coronation Oval, Short St.

We are looking for boys and girls to join our under 12 team, we will also have a boys under 16's T 20 team.

Kit is supplied by the club and rego is \$100 which includes insurance, we also accept Active Kids Vouchers.

Any questions can be emailed to iane.donovan1@det.nsw.edu.au



COMMUNITY INFORMATION







URUNGA FOOD PANTRY

NEXT TO THE LAUNDROMAT IN CARDOWS ARCADE



groceries
FREE
bread
fruit & veg
with \$10 food purchases



Open to anyone with a pensioner or healthcare card as well as those experiencing financial stress

OPEN IN URUNGA

Thursday: 10.00am - 12.00pm Friday: 9.30am - 1.30pm





BELLINGEN FOOD PANTRY IS
ALSO OPEN
Tues 10-12 and Fri 10-12



URUNGA VACATION CARE

Location: Urunga Public School, Bonville Street P

Phone: 0408 025 093

Office: 6655 2650

Session Times: Mon-Fri $\,\,7\mathrm{am}-6\mathrm{pm}$ during school holidays

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28th September 2020	29 th September 2020	30 th September 2020	1st October 2020	2 nd October 2020
Art Attack Lets get creative! We'll have waterpainting, marbling paint, sand art, water diffusing paper and more! Cost \$2.50	Outdoor Adventure Day Today we're making Tee-pees, cubbies and mud pies! Spend the day outside, playing sports or games with your friends.	Make bracelets and necklaces from loom bands. Make your own dreamcatchers or try your hand at finger knitting!	Coding and Robotics Can you make 3D obstacle courses for the Ozobots? Use cardboard to make ramps, traps, arches, whatever you can imagine!	Lego Masters Today, we are going to become Lego Masters! There will be timed and themed challenges with prizes to be won!
5 th October 2020	6th October 2020	7th October 2020	8 th October 2020	9th October 2020
Public Holiday Closed	Clay Day Have another go at the pottery wheel or get your hands into some clay, create something amazing and when it's dry, we can paint them! Cost \$3.50	Sensory Day Today we are making slime, oobleck, goop, cloud dough, fluffy slime and scented playdough! Cost \$2.50	Tie Dye Let's try tie-dying differently! This time we're going to use a different technique to dye our items! What crazy patterns can we create? Bring in your own items to tie dye. Shirts, pillow cases or socks! Cost \$2.50	Dress Up and Drama Day! Come dressed as your favourite character, or get dressed up at Vacation Care. Come up on stage and perform for your friends or make a movie together!

CHILD CARE SUBSIDY: WHAT YOU NEED TO KNOW

Child Care Subsidy (CCS) is a government subsidy offered to eligible families as a reduction on fees. Applications for the CCS are made through your Centrelink online account through myGov. Please apply / update details for CCS if you haven't already done so. For more information on this process, visit education.gov.au/childcare

<u>PLEASE NOTE:</u> If children have a break between care of more than thirteen weeks, their enrolment will be ceased. The Service will update enrolment details with Centrelink. It is the parent/guardian's responsibility to check their child's enrolment status (notifications) in their myGov account and confirm enrolment details where necessary to access CCS.

OUR PROGRAM:

Our program provides children with developmental opportunities that are focused around the children's interests, abilities and needs. Our daily program also offers creative arts, life skills & physical activities, imaginative play, construction, individual, group activities and lots of fun.

OUR EDUCATORS:

The Educators at Open Arms Care Inc. OSHC Services provide a diverse and inclusive environment that fosters all children's developmental abilities and self esteem. Educators are professional and strive for excellence within the service environment, whilst working together as a team. Our accredited services are supported by University and TAFE educated staff.

DIRECT DEPOSIT INSTRUCTIONS

Bank: Bananacoast Community Credit Union
BSB: 533000 A/C (Membership) No.: 100598866
Account name: Open Arms Care Inc.

Parents using this facility need to ensure that they include the Child's name and service they attend as transaction details. E.g. J Smith Bellingen. (If this information is not included we have no way of identifying who made the payment)

STANDARD FEES

Max of \$50 day(plus excursion costs where applicable). It is the parent/guardian's responsibility to complete and lodge their Child Care Subsidy (CCS) application with Centrelink Human Services to gain access to fee reductions provided by the government Invoices will be sent out weekly. Outstanding invoices will need to be paid before you book your child into vacation care. No charge if 24 hour advance notice of absence is given.



URUNGA VACATION CARE Program Information 28th September – 9th October 2020 Please note this page can be kept as a reminder of booke

(Please note this page can be kept as a reminder of booked days and activities)

Program Information:

Monday 28th September: Lets get creative today. Use paper and natural/processed loose parts and let your imagination run free. Whether its acrylic, watercolour or oil painting, we have you covered.

Tuesday 29th September: Today is for outdoor adventures; Make teepees and cubbies, play sports and games, explore the natural landscape. We will have a picnic lunch outside together and make sure you bring a hat for today!

Wednesday 30th September: Make your own friendship bracelets, necklaces, bag pins. Trial your sewing skills by making hair scrunchies.

Thursday 1st October: Today we are going to use large pieces of cardboard to build mazes and challenges for our ozobots, using codes to solve them. Challenge or race your friends! Today we also have the option to make a Beyblade arena from the cardboard, if you would like to bring your Beyblades, today is the day!

Friday 2nd October: We are holding our own Lego building competition today with timed and themed challenges. Be creative and go into the running for a prize!

Monday 5th October: Public Holiday, we are closed.

Tuesday 6th October: Have another go at pottery making today. Experiment with different techniques to create animals, pokémon, flowers, vases and bowls.

Wednesday 7th October: Today may get a bit messy! We're going to make slime, different kinds of slime! Try making Oobleck, cloud dough and scented playdough! It will be a great sensory experience!

Thursday 8th October: We will be trying a different method of Tie Dye these holidays. Bring in an item of your choosing from home to tie dye; socks, shirts, pillowcases...anything you think needs a pop of colour!

Friday 9th October: Our last day and our chance to perform! Get dressed up and act out your favourite scenes on stage, or you might like to be the director, filming a movie with your friends!

THINGS TO REMEMBER:

PLEASE REMEMBER ON EXCURSION DAYS TO BE AT OSHC 15 MINUTES BEFORE THE DEPARTURE TIME TO FILL OUT PERMISSION NOTES, MEDICAL FORMS ETC

HOURS OF OPERATION - 7.00am - 6.00pm MONDAY TO FRIDAY during School Holiday period (excluding Public Holidays)

Sun Safety: No Hat, No Play (or play in the shade). Educators will endeavour to ensure that all children apply sunscreen throughout the day, although...please remember to apply sunscreen to your child before they arrive, pack a long sleeved rash shirt or a long sleeved shirt for water activities and we recommend a wide brimmed hat for extra sun protection. Please not singlet/spaghetti strap shirts or dresses

Food: Nutritious foods are essential for growing, playing and learning. Although we realise its school holidays and that means the occasional special treats, we do ask that parents/carers please provide a healthy and nutritious morning tea, lunch and afternoon tea for their children. Children do burn through a lot of energy in our active program so please ensure that your child has enough healthy food to last the whole day. We also ask that treats such as chocolates, fizzy drink or lollies be left at home until the evening or weekend. We are also a nut free zone. Please ensure you child/ren come packed with a water bottle.

Clothing Guidelines: Children are encouraged to wear comfortable casual clothing when attending Vacation Care. We ask that children wear covered shoes. Thongs, strapless shoes, high heels, slip-ons, etc. are considered unsafe.

Open Arms Care Inc. URUNGA VACATION CARE

Location: Urunga Public School Phone: 0408 025 093 Office: 6655 2650

Session Times: Mon-Fri $7\mathrm{am}-6\mathrm{pm}$ during school holidays

PARENT/ CAR	PARENT/ CARERS FULL NAME: D.O.B				D.O.B
CONTACT	Hm Ph:	Mobile Ph: V		W	k Phone:
NUMBER:					
Address:		Emai	il:		
CHILDREN'S	1.		CRN		D.O.B
FULL NAME:	2.		CRN		D.O.B
	3.		CRN		D.O.B
	4.		CRN		D.O.B
PLEASE CHOOSE YOUR DAYS CAREFULLY as ALL DAYS NOMINATED WILL REQUIRE PAYMENT: This means that the					
normal session fee (\$50) will be charged and in the case of excursions, a \$10 no show fee or the cost of the excursion					
(whichever is less)- will also be charged					

Booking Form - Please indicate days required by writing child/rens name next to appropriate days
Monday 28 th September 2020– Clay Sculpture Day:
Tuesday 29 th September 2020 −Tie Dye:
Wednesday 30 th September 2020 – Art Attack:
Thursday 1st October 2020 – Lego:
Friday 2 nd October 2020 – Outdoor Adventure Day:
Tuesday 6 th October 2020 – DIY Day:
Wednesday 7 th October 2020 – Coding and Robotics:
Thursday 8 th October 2020 – Sensory Day:
Friday 9 th October 2020 – Dress up Day:

PARENT/GUARDIAN PERMISSION AND FEE POLICY ACKOWLEDGEMENT				
I acknowledge the service fee policy and agree to abide by it and give permission to OAC staff to email my account for payment and the CCSS usage statement to the email address provided above Name:				

Additional Information				
SWIMMING: Please notify the staff about your child's swimming ability if your child is attending on a swimming excursion		MOVIES/DVDS & VIDEO GAMES Please notify the staff if you do not want your child to view G&PG movies or play video games		
To Lodge this Booking Form				
FAMILY Lounge	HOW TO BOOK ONLINE OR VIA THE APP: https://qkdoc.secure.force.com/QKDOC/articles/QikKids Support Documentation/Casual-Booking-Management-Parent-Guide-1416289842579			
Scan and email to: oshc@openarms.org.au		Hand deliver to: Shop 9-10, 31-33 Bowra St Urunga 2455		
BOOKING DEADLINE:				
We strongly recommend you book ASAP as vacancies fill up fast and we often have a waiting list.				